CLAIMS

1. A liquid composition containing a collagen peptide, a proteoglycan, a ceramide, and a pectin, wherein

a content of the pectin is 0.05 to 0.8 w/v%,

a content of the collagen peptide is 1.0 to 35 w/v%, and

a ratio of the weight of the proteoglycan to the weight of the pectin (proteoglycan weight : pectin weight) is 1:1 to 1:800.

2. The liquid composition according to claim 1, wherein a content of the proteoglycan is 0.0001 to 0.05 w/v%.

3. The liquid composition according to claim 1 or 2, wherein a content of the ceramide is 0.0001 to 0.1 w/v%.

4. The liquid composition according to any one of claims 1 to 3, wherein the composition has a PH of 2.5 to 5.0.

5. The liquid composition according to any one of claims 1 to 4, which is for oral use.

6. The liquid composition according to any one of claims 1 to 5, which is for beautifying skin.

7. A method of inhibiting generation of an aggregate or a precipitate in a liquid composition containing a collagen peptide, a proteoglycan, and a ceramide, the method comprising the step of adding a pectin to the liquid composition , wherein

a content of the collagen peptide in the liquid composition is 1.0 to 35 w/v%,

an amount of the pectin added is 0.05 to 0.8 w/v% based on the total amount of the liquid composition, and

the pectin is added so that a ratio of the weight of the proteoglycan to the weight of the pectin added (proteoglycan weight: pectin weight) is 1:1 to 1:800.

8. A method of producing a liquid composition containing a collagen peptide, a proteoglycan, a ceramide, and a pectin, the method comprising the steps of:

formulating a raw material containing a collagen peptide, a proteoglycan, a ceramide, and a pectin, wherein an amount of the pectin added is 0.05 to 0.8 w/v%, an amount of the collagen peptide added is 1.0 to 25 w/v%, and a ratio of the weight of the proteoglycan to the weight of the pectin (proteoglycan weight : pectin weight) is 1:1 to 1:800; and

sterilizing and filling the formulated liquid composition.