CLAIMS

1. Compositions comprising:

a) an extract of *Curcuma longa*, curcumin or curcumin complexed with phospholipids;

b) a lipophilic extract of *Zingiber officinale*; and

c) a lipophilic extract obtained from plants containing isobutylamides of polyunsaturated fatty acids selected from the group consisting of extract of *Echinacea spp.*, extract of *Zanthoxylum spp.* and extract of *Acmella oleracea* (*Spilanthes oleracea*),

wherein the compositions comprise:

a) curcumin complexed with phospholipids;

b) a lipophilic extract of *Zingiber officinale*; and

c) a lipophilic extract of *Echinacea spp.*, *Zanthoxylum spp.* or *Acmella oleracea* (*Spilanthes oleracea*), preferably an extract of *Zanthoxylum spp.*, more preferably an extract of *Zanthoxylum bungeanum*.

2. Compositions according to claim 1, comprising per unit dose for oral administration:

a) curcumin complexed with phospholipids in amounts ranging from 50 to 1000 mg,

b) a lipophilic extract of *Zingiber officinale* in amounts ranging from 10 to 80 mg,

c) a lipophilic extract of *Zanthoxylum spp.* in amounts ranging from 1 to 50 mg or, alternatively, a lipophilic extract of *Echinacea spp.* or *Acmella oleracea* (*Spilanthes oleracea*) in amounts ranging from 5 to 50 mg.

3. Compositions according to claim 2, comprising per unit dose for oral administration:

a) 250 mg of curcumin complexed with phospholipids;

b) 50 mg of lipophilic extract of *Zingiber officinale*; and

c) 10 mg of lipophilic extract of *Zanthoxylum spp.*.

4. Compositions according to claim 1, for topical administration comprising:

a) curcumin complexed with phospholipids in amounts ranging from 0.1 to 0.5% w/w,

b) a lipophilic extract of *Zingiber officinale* in an amount of 0.5% w/w, and

c) a lipophilic extract of *Zanthoxylum spp.* in amounts ranging from 0.1 to 1% w/w, preferably of 0.5% w/w.

5. Compositions according to claim 4, comprising:

a) 0.05% w/w of curcumin complexed with phospholipids,

b) 0.5% w/w of lipophilic extract of *Zingiber officinale*, and

c) 0.5% w/w of lipophilic extract of *Zanthoxylum spp.*.

6. Compositions according to claim 1 or 2, wherein the extract of *Echinacea spp.* is obtained from *Echinacea angustifolia* or *purpurea*.

7. Compositions according to claims 1-5, wherein the extract of *Zanthoxylum spp.* is obtained from *Zanthoxylum bungeanum*, *Zanthoxylum piperitum* or *Zanthoxylum armatum*.

8. Compositions according to claims 1-7, wherein the extract of *Zingiber officinale* has a gingerols and shogaols content ranging from 20 to 30% w/w, preferably of 25% w/w.

9. Compositions according to claims 1-8, for use in prevention and/or treatment of inflammation and pain.

10. Compositions for use according to claim 9, wherein the inflammation and pain are osteoarticular.

11. Use of compositions according to any one of claims 1-8 in the manufacture of a medicament for prevention and/or treatment of inflammation and pain.

12. The use according to claim 11, wherein the inflammation and pain are osteoarticular.