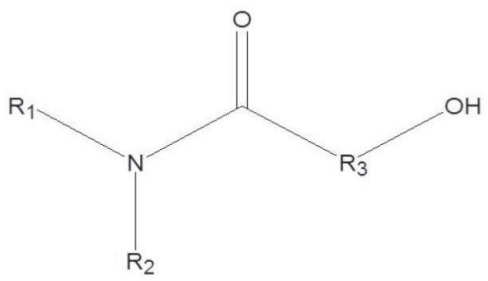
CLAIMS

1. A conditioning agent comprising an amide alcohol represented by formula (I):



(I)

wherein

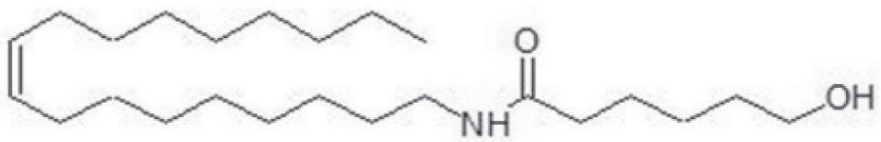
R_1 is a C12-C22 hydrocarbon group,

R_2 is H,

R_3 is a linear C3-C5 hydrocarbon group

and water.

2. The conditioning agent according to Claim 1, wherein the amide alcohol is:



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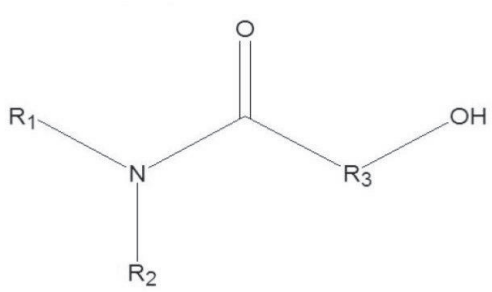
3. A conditioning composition comprising an organic acid and an amide alcohol represented by formula (I):



(I)

wherein

R_1 is a C12-C22 hydrocarbon group,

R_2 is H,

R_3 is a linear C3-C5 hydrocarbon group.

4. The composition according to Claim 3, comprising:

0.1 to 10.0 mass% of the amide alcohol represented by formula (I), and

0.1 to 10.0 mass% of the organic acid.

5. The composition according to Claim 3 or 4, wherein the molar ratio of the amide alcohol represented by formula (I) to the organic acid is from 2:1 to 1:1.

6. The composition according to any one of Claims 3 to 5, wherein the organic acid is one or more selected from the group consisting of a monocarboxylic acid, a dicarboxylic acid, a hydroxycarboxylic acid, a polycarboxylic acid, an acidic amino acid, and a fatty acid.

7. The composition according to any one of Claims 3 to 6, comprising one or more oil agents selected from the group consisting of ester oils, silicone oils, and hydrocarbon oils.

8. The composition according to Claim 7, which is an O/W emulsion composition.

9. The composition according to Claim 8, which is free of surfactant.

10. The composition according to any one of Claims 3 to 9, comprising glutamic acid as an organic acid.

11. The composition according to any one of Claims 7 to 10, comprising one or more selected from the group consisting of squalane, liquid paraffin, and nonvolatile hydrocarbon oil as an oil agent.

12. The composition according to any one of Claims 3 to 11, which is hair and/or skin cosmetics.