Description of Embodiments

[0020]

The invention is explained in detail below, but the invention is not limited to the individual embodiments.

The invention relates to an agent for improving brain function containing 5 to 50 parts by weight of a protein, 5 to 80 parts by weight of a medium-chain fatty acid triglyceride as a lipid and 1 to 50 parts by weight of a carbohydrate per 100 parts by weight or to a composition for improving brain function containing the agent for improving brain function.

[0021]

The invention also relates to an agent for preventing or treating cognitive impairment containing 5 to 50 parts by weight of a protein, 5 to 80 parts by weight of a medium-chain fatty acid triglyceride as a lipid and 1 to 50 parts by weight of a carbohydrate per 100 parts by weight or to a composition for preventing or treating cognitive impairment containing the agent for preventing or treating cognitive impairment.

[0022]

In this description, the "agent for improving brain function" and the "agent for preventing or treating cognitive impairment" are together referred to as "the agent of the invention", and the "composition for improving brain function" and the "composition for preventing or treating cognitive impairment" are together referred to as "the composition of the invention", unless otherwise specifically noted.

[0023]

<Agent of Invention>

The agent of the invention contains 5 to 50 parts by weight of a protein, 5 to ~~75~~ 80 parts by weight of a medium-chain fatty acid triglyceride as a lipid and 1 to 50 parts by weight of a carbohydrate per 100 parts by weight.

[0024]

<Protein>

The kind of protein contained in the agent of the invention is not particularly limited, but for example, a milk protein which is a milk-derived material, such as casein, a milk protein concentrate (MPC), a whey protein concentrate (WPC), a whey protein isolate (WPI), α-lactalbumin, β-lactoglobulin and lactoferrin, and the like can be preferably used.

[0025]