

ABSTRACT

A transmission configuration status activation method and apparatus, and a storage medium. The transmission configuration status activation method comprises, when applied to a terminal: receiving first media access control control unit signaling, wherein the first media access control control unit signaling is used for activating a first transmission configuration status; and taking the first transmission configuration status as the transmission configuration status of all serving cells on the same frequency band. The transmission configuration status activation method comprises, when applied to a network device: selecting one first serving cell from among all serving cells of a terminal that are on the same frequency band, wherein the first serving cell supports the sending of media access control control unit signaling; and sending first media access control control unit signaling by means of the selected first serving cell, wherein the first media access control control unit signaling is used for activating a first transmission configuration status. By means of the method, a transmission configuration status in all serving cells can be activated by means of the same media access control control unit signaling, thereby reducing the signaling overhead.

FIG. 3