



(51) International Patent Classification:

A61K 36/28 (2006.01) *A61P 3/06* (2006.01)
A61K 36/63 (2006.01) *A61P 3/10* (2006.01)
A61K 36/74 (2006.01)

(21) International Application Number:

PCT/EP2013/069455

(22) International Filing Date:

19 September 2013 (19.09.2013)

(25) Filing Language:

English

(26) Publication Language:

English

(30) Priority Data:

MI2012A001570 20 September 2012 (20.09.2012) IT

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(81) Designated States (unless otherwise indicated, for every kind of national protection available): AE, AG, AL, AM, AO, AT, AU, AZ, BA, BB, BG, BH, BN, BR, BW, BY, BZ, CA, CH, CL, CN, CO, CR, CU, CZ, DE, DK, DM, DO, DZ, EC, EE, EG, ES, FI, GB, GD, GE, GH, GM, GT, HN, HR, HU, ID, IL, IN, IS, JP, KE, KG, KN, KP, KR, KZ, LA, LC, LK, LR, LS, LT, LU, LY, MA, MD, ME, MG, MK, MN, MW, MX, MY, MZ, NA, NG, NI, NO, NZ, OM, PA, PE, PG, PH, PL, PT, QA, RO, RS, RU, RW, SA, SC, SD, SE, SG, SK, SL, SM, ST, SV, SY, TH, TJ, TM, TN, TR, TT, TZ, UA, UG, US, UZ, VC, VN, ZA, ZM, ZW.

(84) Designated States (unless otherwise indicated, for every kind of regional protection available): ARIPO (BW, GH, GM, KE, LR, LS, MW, MZ, NA, RW, SD, SL, SZ, TZ, UG, ZM, ZW), Eurasian (AM, AZ, BY, KG, KZ, RU, TJ, TM), European (AL, AT, BE, BG, CH, CY, CZ, DE, DK, EE, ES, FI, FR, GB, GR, HR, HU, IE, IS, IT, LT, LU, LV, MC, MK, MT, NL, NO, PL, PT, RO, RS, SE, SI, SK, SM, TR), OAPI (BF, BJ, CF, CG, CI, CM, GA, GN, GQ, GW, KM, ML, MR, NE, SN, TD, TG).

Published:

— with international search report (Art. 21(3))

(54) Title: NOVEL EXTRACTS OF *CYNARA SCOLYMUS*, *COFFEA spp.* AND *OLEA EUROPAEA* FOR THE TREATMENT OF METABOLIC SYNDROME

(57) Abstract: Disclosed is a composition comprising: a. *Cynara* extract having a caffeoylquinic acid content ranging from 30 to 45% by weight, a flavonoid content ranging from 8 to 16% by weight and a cynaropicrin content ranging from 10 to 18% by weight; b. *Coffea spp.* extract containing between 40% and 80% by weight of caffeoylquinic acids; c. *Olea europaea* extract containing between 30% and 40% polyphenols, with a verbascoside content exceeding 5% and a hydroxytyrosol content exceeding 1.5%.



WO 2014/044744 A1