

ABSTRACT

Breadcrumbs according to the present invention have a grain size distribution in which the proportion of a fraction of breadcrumbs that have a grain size of 2.36 mm or more is 8 to 21 mass% and the proportion of a fraction of breadcrumbs that have a grain size of 1.18 mm or less is 45 mass% or less, and have a bulk density of 270 to 600 ml/100g. A breadcrumb powder shaker container (1) according to the present invention includes: the breadcrumbs according to the present invention or a breadcrumb mix including the breadcrumbs according to the present invention; and a shaker container (3) that contains a breadcrumb powder (2) to be shaken out including the breadcrumbs or the breadcrumb mix, the shaker container (3) having a shake-out hole (51) through which the breadcrumb powder (2) is shaken out. The shake-out hole (51) has a maximum diametric length (W1) of 10 to 55 mm. With the breadcrumbs and the breadcrumb mix according to the present invention, with an easy operation of simply applying the breadcrumbs or the breadcrumb mix directly to a food material (ingredient) such as meat or fish, and deep frying the food material, it is possible to obtain a high-quality cooked breadcrumb-coated food item to which a sufficient amount of crispy coating with appropriate crispiness is uniformly attached, while retaining the flavor of the food material to a high level irrespective of the amount of oil used in deep frying.