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(54) Title: ORAL DELIVERY METHOD AND COMPOSITION FOR SOLID MEDICATIONS OR DIETARY SUPPLEMENTS

(57) Abstract: An oral delivery composition and method are provided for facilitating the swallowing of a solid object such as a pill, tablet, capsule or caplet. The oral delivery composition is made up of a mixture of a base liquid and at least one additive. The additive is selected and is present in the oral delivery composition in a sufficient concentration such that the oral delivery composition has improved physical properties, in comparison with the base liquid, so that when the oral delivery composition and a solid object to be swallowed by a user are administered together to the user and swallowed, the solid object is less likely to become lodged or stuck on tongue, throat, palate or oesophageal surfaces of the user, in comparison to when the base liquid and the solid object are administered together and swallowed.