CLAIMS

1. A solid composition comprising dimethyl sulfide and β-ionone, and having a weight ratio of β-ionone content to dimethyl sulfide content of from 0.003 to 3, wherein the solid composition comprises a *Sencha* tea leaf extract.

2. The composition according to claim 1, wherein the composition is a powder composition.

3. The composition according to claim 1 or 2, comprising two or more types of dextrins.

4. The composition according to claim 3, comprising a linear dextrin and a cyclic dextrin.

5. The composition according to any one of claims 1 to 4, further comprising at least one aroma component selected from the group consisting of α-ionone, β-cyclocitral, (z)-3-hexenol, 1-penten-3-ol, hexanal, and nerolidol.

6. A beverage or food comprising the composition according to any one of claims 1 to 5.

7. The beverage or food according to claim 6, wherein the beverage or food is a beverage.

8. The beverage or food according to claim 7, wherein the beverage or food is a tea beverage.