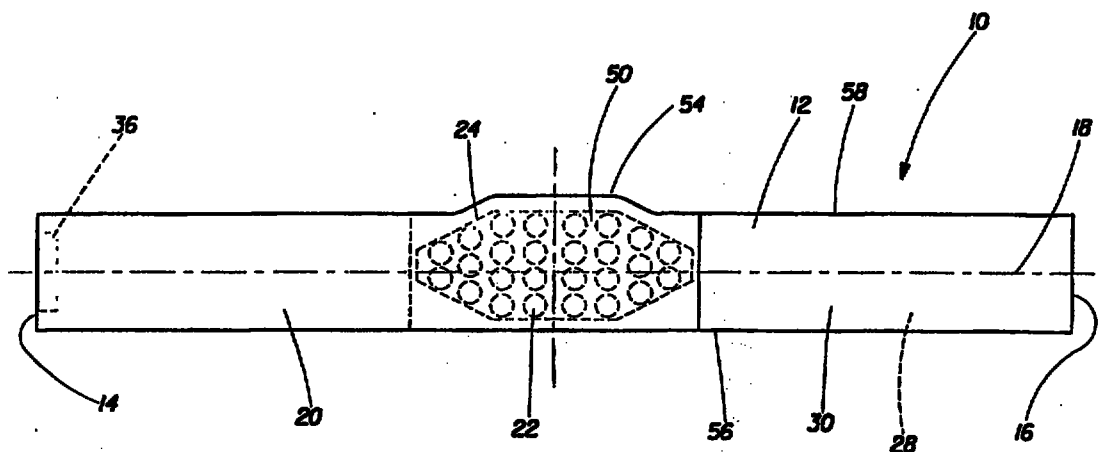




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(54) Title: DISPOSABLE ELASTIC THERMAL BACK WRAP AND METHOD FOR TREATMENT OF BACK PAIN

**(57) Abstract**

The present invention relates to disposable thermal back wraps having one or more thermal packs (50) comprising a plurality of heat cells (22), wherein heat is applied to specific areas of the user's back, for pain relief. More particularly, the present invention relates to disposable elastic thermal back wraps having good conformity to user's back which provides consistent, convenient and comfortable heat application. The heat generating composition comprises powdered iron, water, carbonaceous material, metal salt and water-retaining material. Each thermal pack has a continuous layer of a semirigid material. The present invention also relates to a method for treatment of back pain.