non-contact with the skin (which only requires a slight modification of the structure of the bottom connecting piece). The non-contact type is, for example, to adjust the distance between the working front and the skin, while the contact type is, for example, to adjust the pressing depth or pressure of the working end on the skin. In detail, the health-care device comprises a flexible piece or a device positioning piece 2005, a bottom connecting piece or a bottom fastener 2010 combined with the flexible piece 2005, a housing 2015 fastened to the bottom fastener 2010 and having an internal thread 2016 and an external thread 2017, a fastening piece 2020 having an internal thread 2021, a positioning piece 2025, a work piece 2030 having a working end 2031, a first phase operating medium 2035, a first phase work pieceworking end driving medium 2040 having an internal thread 2041 and an external thread 2042, and connected to first phase operating medium 2035, with external thread 2042 screwedly engaging with internal thread 2016 to rest the working end 2031 at a first phase working level position, an upper cover 2050, and a second phase work pieceworking end driving medium 2045 having an external thread 2046 screwedly engaging with internal thread 2041 and passing upward through first phase operating medium 2035 to be fastened to upper cover 2050.

[00120] When assembling, second phase work pieceworking end driving medium 2045 is screwed to first phase work pieceworking end driving medium 2040 to a greatest extent, work piece 2030 is positioned at a bottom of second phase work pieceworking end driving medium 2045 by positioning piece 2025, then this assembly is positioned or placed into the containing space of housing 2015, and after external thread 2042 and internal thread 2016 have a basic screw connection, this assembly is securely buckled to housing 2015 by screwedly engaging internal thread 2021 of fastening piece 2020 with

external thread 2017. Then the assembly of the body of health-care device 2000 is completed by buckling first phase operating medium 2035 to first phase work pieceworking end driving medium 2040, and buckling upper cover 2050 to second phase work pieceworking end driving medium 2045 respectively. After this assembly of the body is fastened to bottom fastener 2010, it can start to work. Regarding various buckles mentioned here, because they can be achieved by many implementation methods in light of the present invention, which can be easily thought of by those skilled in the art, they are not described here in detail. It is worth mentioning that upper cover 2050 constitutes the working medium for operating second phase work pieceworking end driving medium 2045.

[00121] In use, a center of the bottom connecting piece or the bottom fastener 2010 is aligned with an acupoint first, then device positioning piece 2005 is fastened to a desired body part such that the acupoint and bottom fastener 2010 are in a concentric relationship, and the assembly of the body is fastened to bottom fastener 2010 afterwards. When we operate first phase operating medium 2035 (together with first phase work pieceworking end driving medium 2040), working end 2031 will go downward. The work style of working end 2031 can be various, as described in Paragraph [0005], for example, it can cause the working level sensor to sense a pressure, a temperature, or a depth etc. When the first phase process of working end 2031 ends, and we operate upper cover 2050 (together with the second phase work pieceworking end driving medium 2045), working end 2031 will start a second phase process.

[00122] The different features of this embodiment are summarized as follows. The device body has an internal thread; and/or the work body has an

operating piece and a work piece driving medium connected to the operating piece.

WHAT IS CLAIMED IS:

1. A health-care device, comprising:

a device body;

a work piece having an operating end and an opposite working end, wherein the working end has a tip and performs a health-care work on a specific part or an acupoint on a body part of a user;

a work body connected to the device body and having an upper part and a lower part, wherein the operating end engages with the lower part for the user to maintain a specific working relationship between the working end or the tip and the specific part or the acupoint via operating the work body;

a device positioning piece connecting thereto the device body for positioning the device body on the body part to maintain a specific positional relationship between the working end or the tip and the specific part or the acupoint;

a bottom fastener located completely below the device body and connected to the device positioning piece, wherein the device body is a lower housing, and the lower housing is fastened to the bottom fastener and has an external thread; and

a lower fastening piece having an internal thread screwedly engaging with the external thread, wherein the lower fastening piece has

a minimum inner diameter, the work body has a characteristic maximum outer diameter, and the minimum inner diameter is smaller than the characteristic maximum outer diameter.

2. The health-care device as claimed in Claim 1, wherein each of the lower housing and the bottom fastener has a central opening to pass therethrough the working end, and the work body has a bottom surface below which an upper surface of the operating end is arranged.

3. The health-care device as claimed in Claim 1, wherein the work body is an upper housing connected to the device body, so that when the specific working relationship between the working end or the tip and the acupoint is maintained, the health-care work is performed on the specific part or the acupoint via the work piece.

4. The health-care device as claimed in Claim 1, further comprising:

a working level sensor, a circuit board electrically connected to the working level sensor, a battery electrically connected to the circuit board, a USB charging socket electrically connected to the circuit board, an upper housing for accommodating the circuit board, the battery and the USB charging socket, an assistant positioning piece for assisting in positioning the working level sensor, and an upper fastening piece to fasten the work piece, the working level sensor and the assistant positioning piece to a bottom of the upper housing and protrude the working end downward from the upper fastening piece.

5. The health-care device as claimed in Claim 1, wherein the device body

and the work body are one-piece formed.

6. The health-care device as claimed in Claim 1, wherein the device positioning piece has an end configured with an elastic piece for clamping thereto the body part.

7. The health-care device as claimed in Claim 1, wherein the operating end and the working end are one-piece formed.

8. The health-care device as claimed in Claim 1, wherein the work body has an operating piece and a work piece driving medium connected with the operating piece.

9. The health-care device as claimed in Claim 1, wherein the device body has an internal thread.

10. The health-care device as claimed in Claim 1, wherein the work body includes a first phase work piece driving medium and a second phase work piece driving medium, and the second phase work piece driving medium is configured within the first phase work piece driving medium.

11. The health-care device as claimed in Claim 10, wherein the bottom fastener has a total height in a range between 10% and 35% of a total height of the health-care device in a non-operating state, and the bottom fastener has a central opening for a user to align the central opening with the acupoint.

12. The health-care device as claimed in Claim 10, further comprising:

a positioning piece for positioning the work piece at a bottom of the second phase work piece driving medium.

13. The health-care device as claimed in Claim 10, further comprising:

a first operating medium operating the first phase work piece driving medium to rest the work piece at a first working position; and

a second operating medium operating the second phase work piece driving medium to rest the work piece at a second working position.

14. A health-care device, comprising:

a device body;

a work piece having an operating end and an opposite working end, wherein the working end has a tip and performs a health-care work on a specific part or an acupoint on a body part of a user;

a work body connected to the device body and having an upper part and a lower part, wherein the operating end engages with the lower part for the user to maintain a specific working relationship between the working end or the tip and the specific part or the acupoint via operating the work body;

a device positioning piece connecting thereto the device body for positioning the device body on the body part to maintain a specific positional relationship between the working end or the tip and the specific part or the acupoint; and

a bottom fastener located completely below the device body and connected to the device positioning piece.

15. The health-care device as claimed in Claim 14, wherein the health-care work is performed by adopting a means being one selected from a group

consisting of: an electrical stimulation, a light stimulation, a thermal stimulation, a non-invasive or non-contact acupoint stimulation mode, a microwave stimulation, a magnetic stimulation, an acupuncture, a moxibustion and a combination thereof.

16. The health-care device as claimed in Claim 14, wherein the device body is a lower housing, the lower housing is fastened to the bottom fastener and has an external thread, the health-care device further includes a lower fastening piece having an internal thread screwedly engaging with the external thread, the lower fastening piece has a minimum inner diameter, the work body has a characteristic maximum outer diameter, and the minimum inner diameter is smaller than the characteristic maximum outer diameter.

17. The health-care device as claimed in Claim 14, wherein the specific positional relationship is maintained through a direct contact between the working end or the tip and the specific part or the acupoint, and the device positioning piece is a flexible piece configured to be fastened to the body part or a mechanical piece configured to be fixed on the body part.

18. A health-care method, comprising:

providing a health-care device including:

a device positioning piece; ~~and~~

an assembly detachably configured on the device positioning piece, having a working end and an operating end, and performing a

health-care work on a specific part or an acupoint on a body part of a user; and

a bottom connecting piece located completely below the assembly and connected to the device positioning piece;

aligning the opening of the device positioning piece with the specific part or the acupoint on the body part of the user;

attaching the assembly on the device positioning piece; and

operating the operating end by the user to secure a specific working relationship between the working end and the specific part or the acupoint.

19. The health-care method as claimed in Claim 18, wherein:

the assembly further includes:

a work piece having the operating end and ~~an~~ the opposite working end, wherein the device positioning piece includes an opening to pass therethrough the working end; and

a work body having an upper part and a lower part, wherein the lower part engages with the operating end; and

the ~~health-care device further includes a~~ bottom connecting piece connecting the work body to the device positioning piece, and the opening is located at a center of the bottom connecting piece.

20. The health-care method as claimed in Claim 18, further comprising:

fixing the device positioning piece to the body part of the user.