

Figure 1

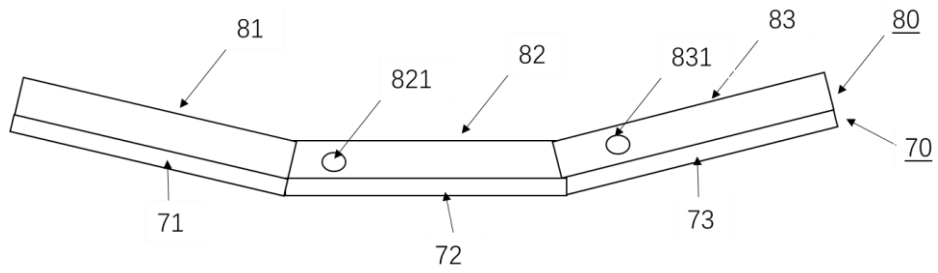


Figure 2

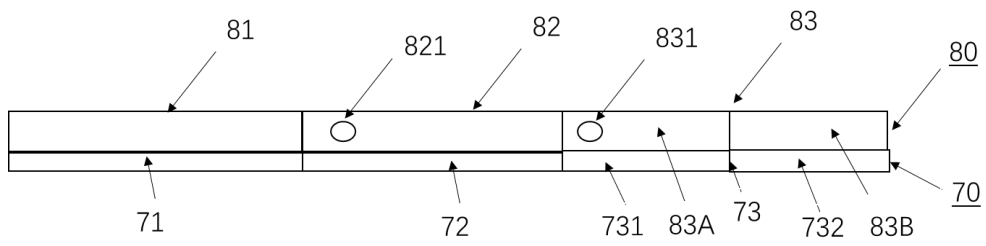


Figure 3

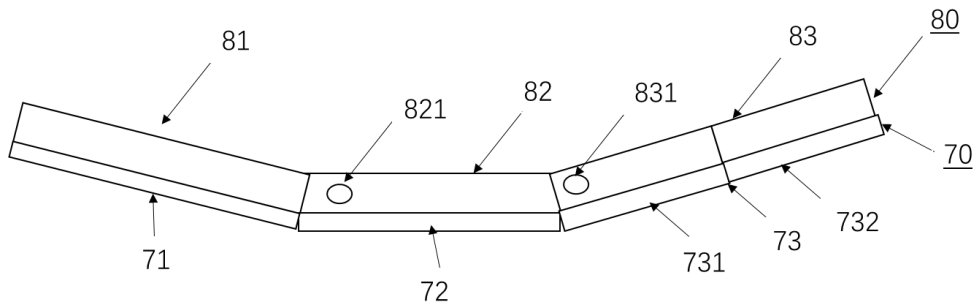


Figure 4

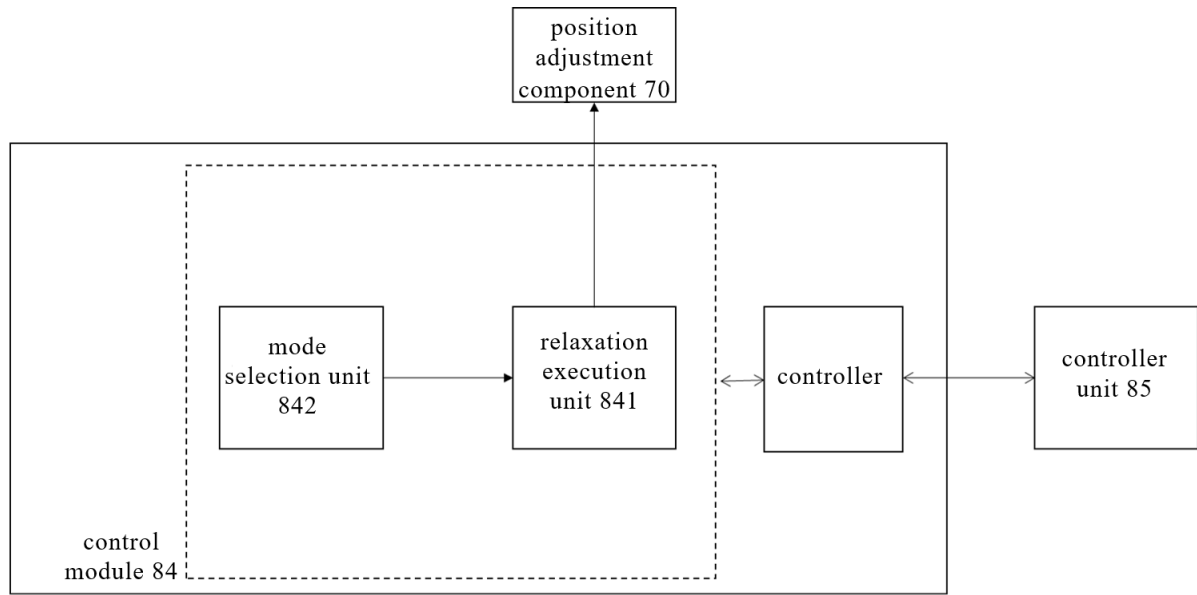


Figure 5

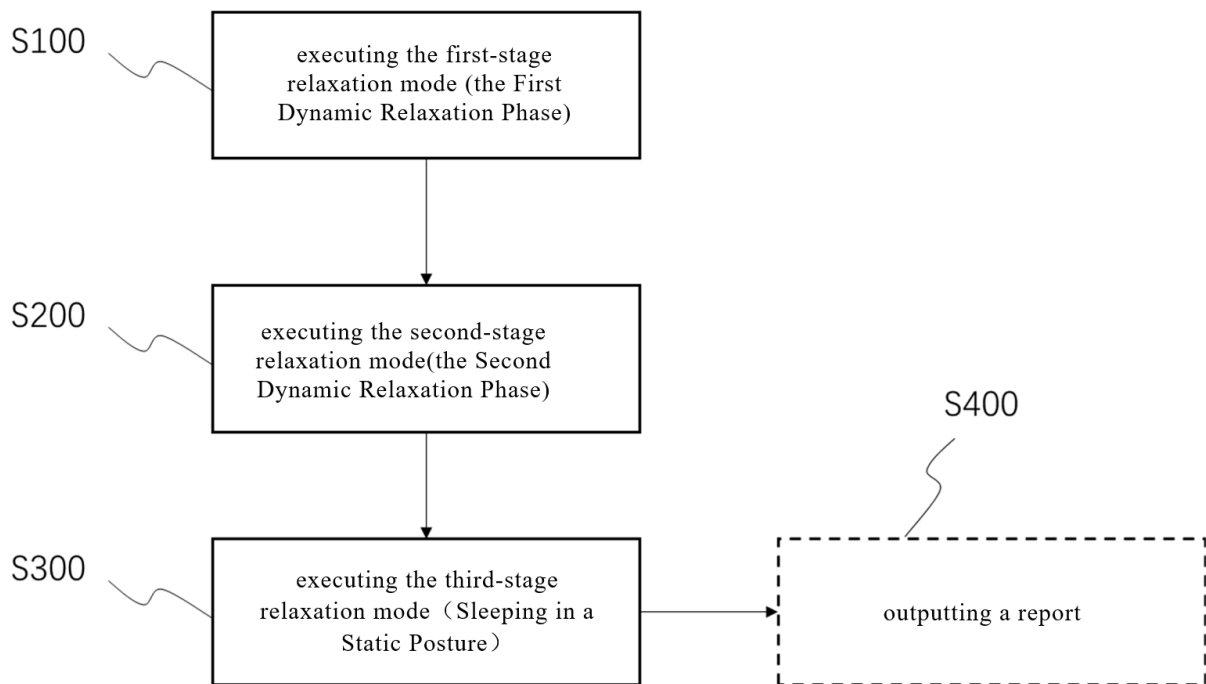


Figure 6

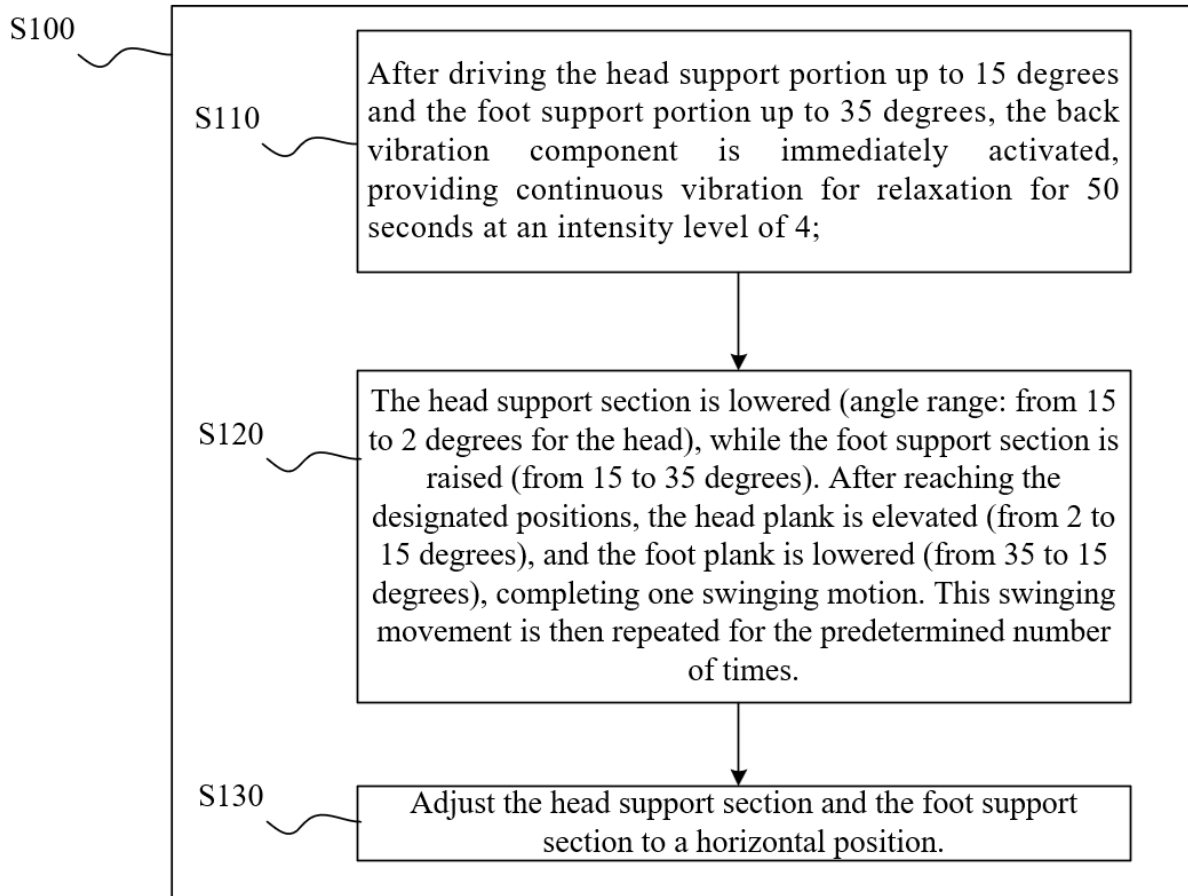


Figure 7

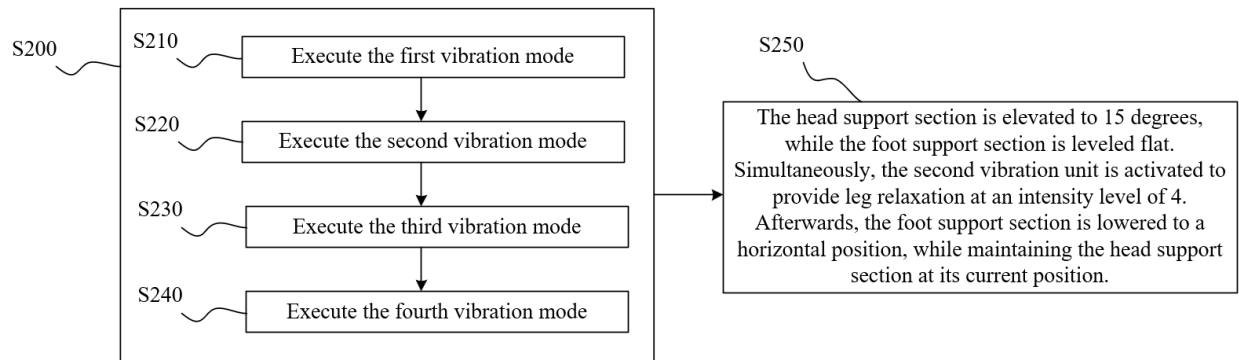


Figure 8

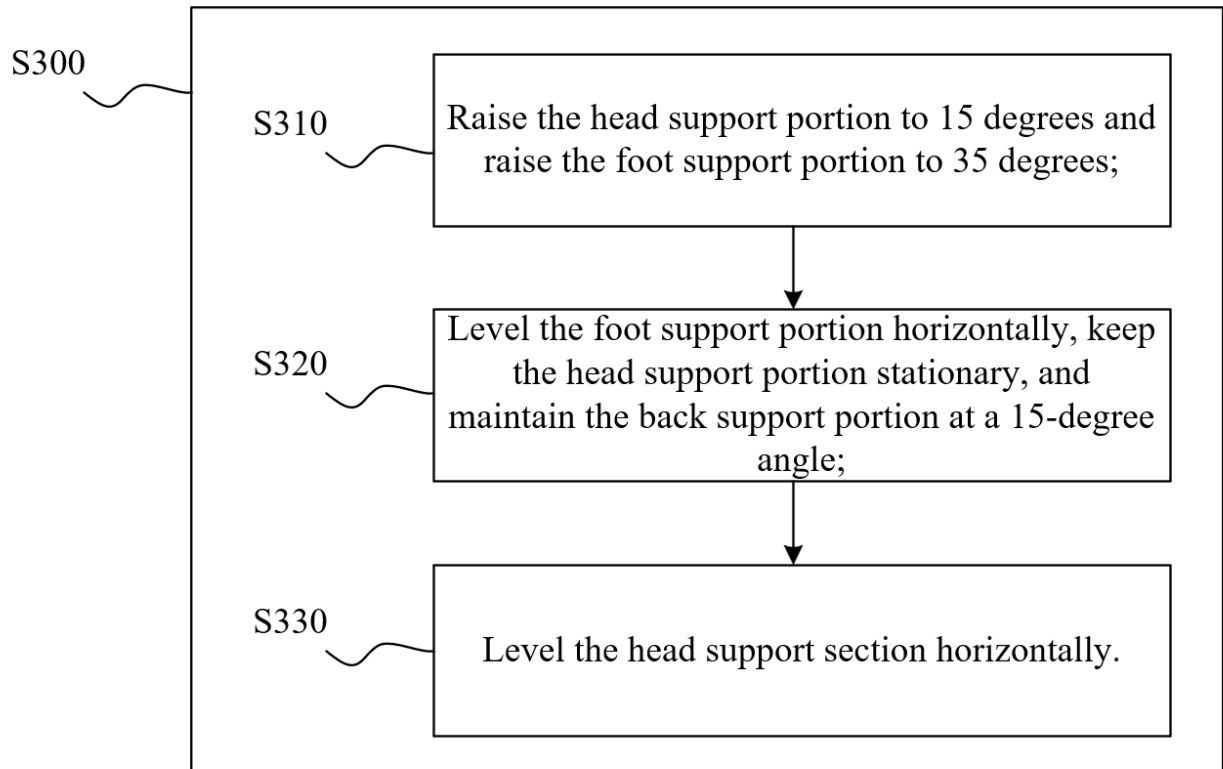


Figure 9

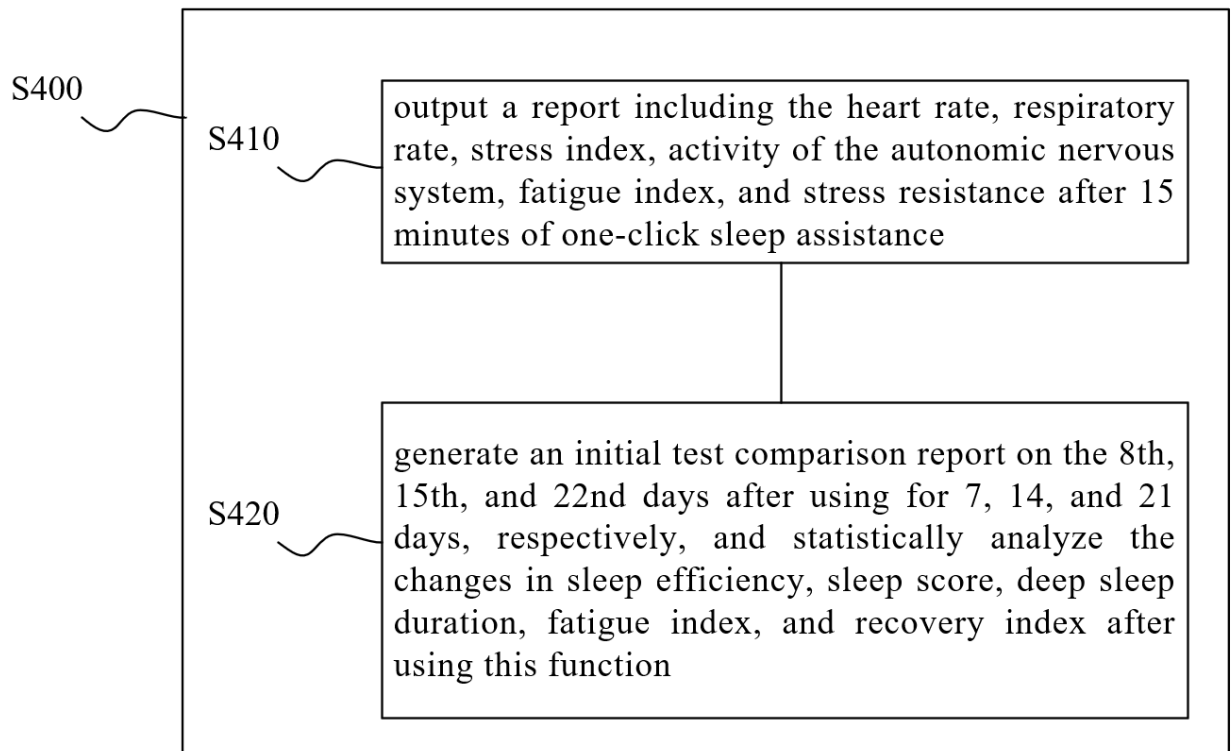


Figure 10

Stress information

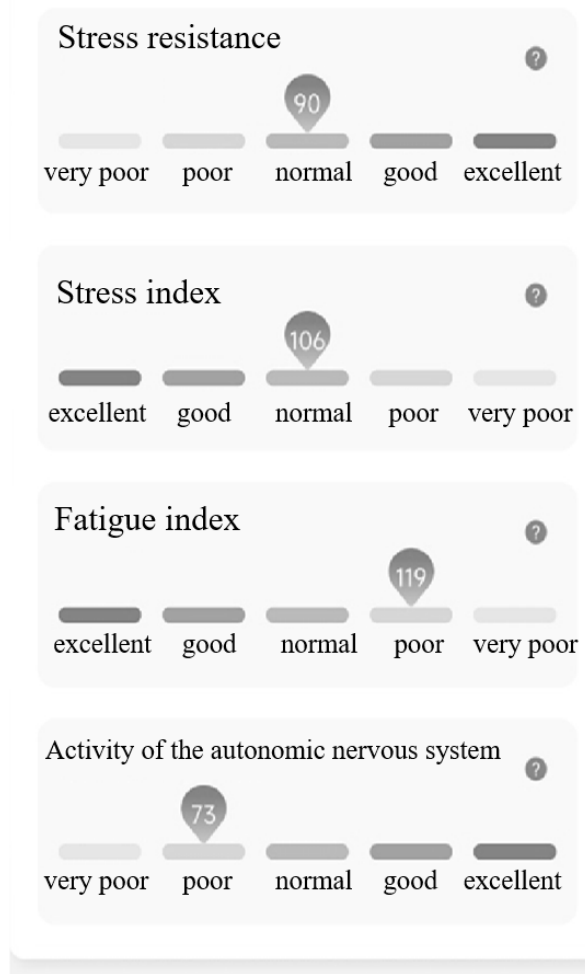


Figure 11A

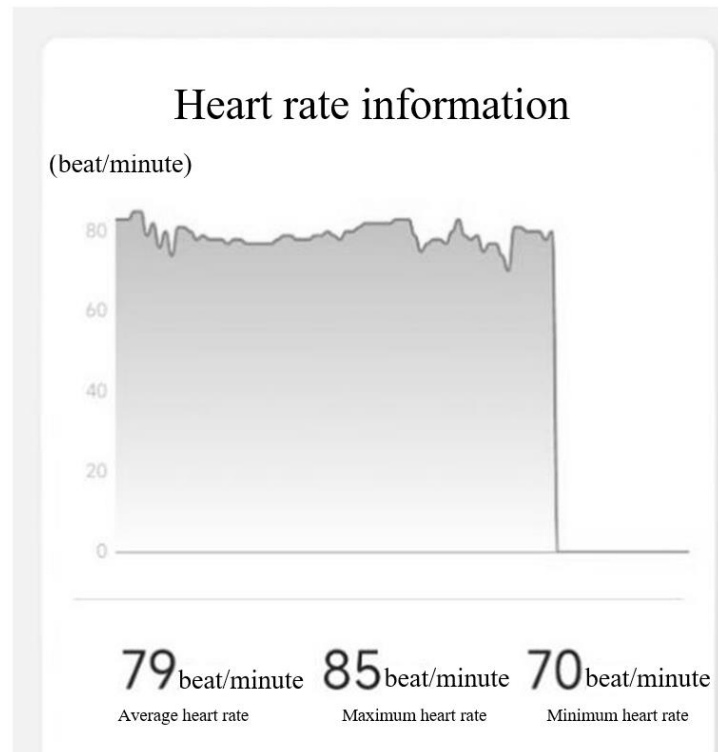


Figure 11B

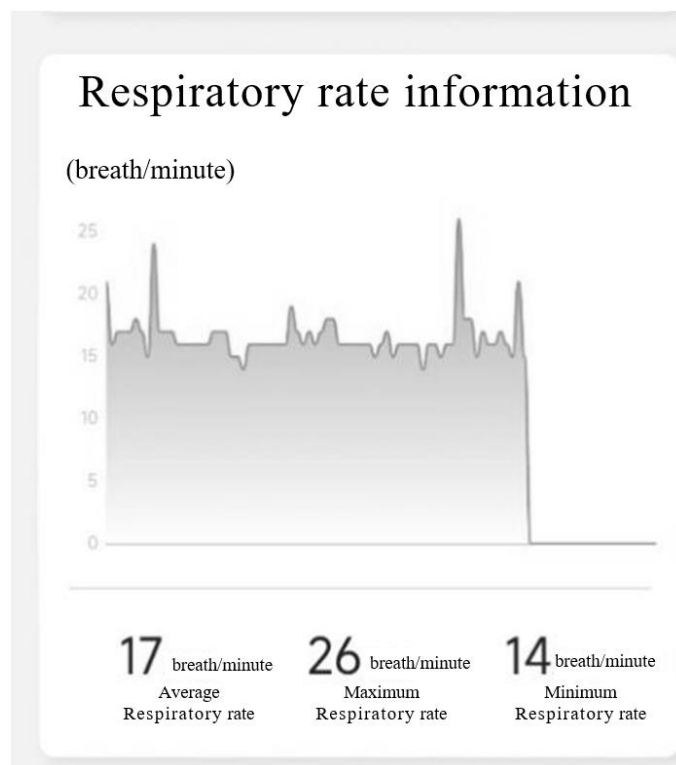
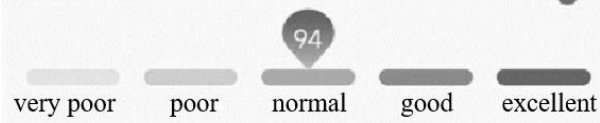


Figure 11C

Stress information

Stress resistance



Stress index



Fatigue index



Activity of the autonomic nervous system



Figure 12A

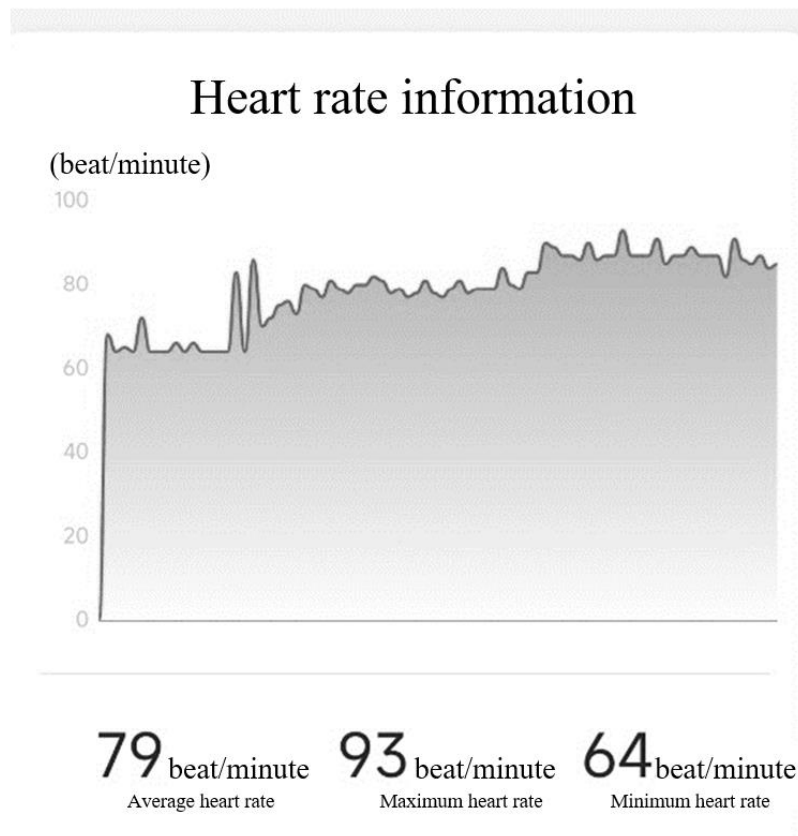


Figure 12B

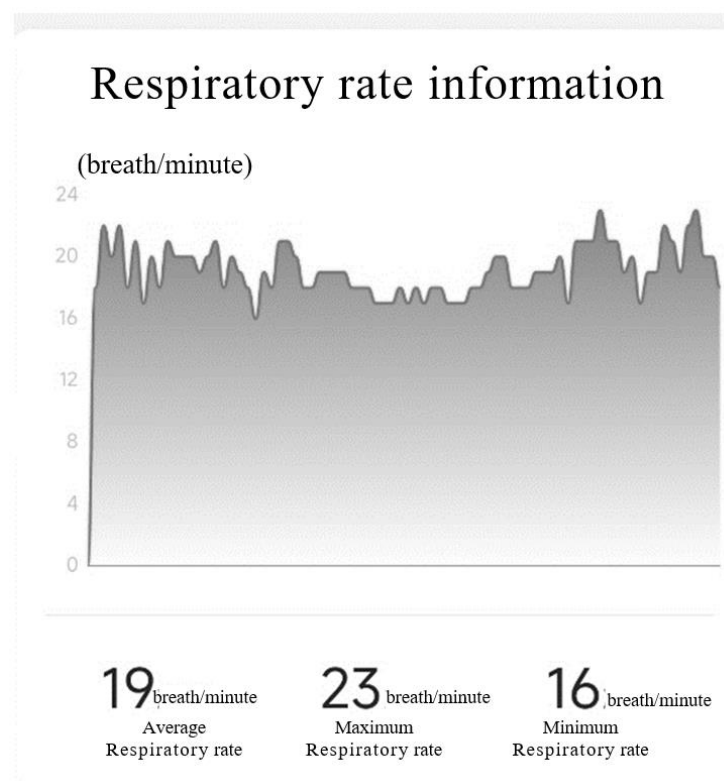


Figure 12C

from the sleep latency period to the N1 sleep start

Time(s)

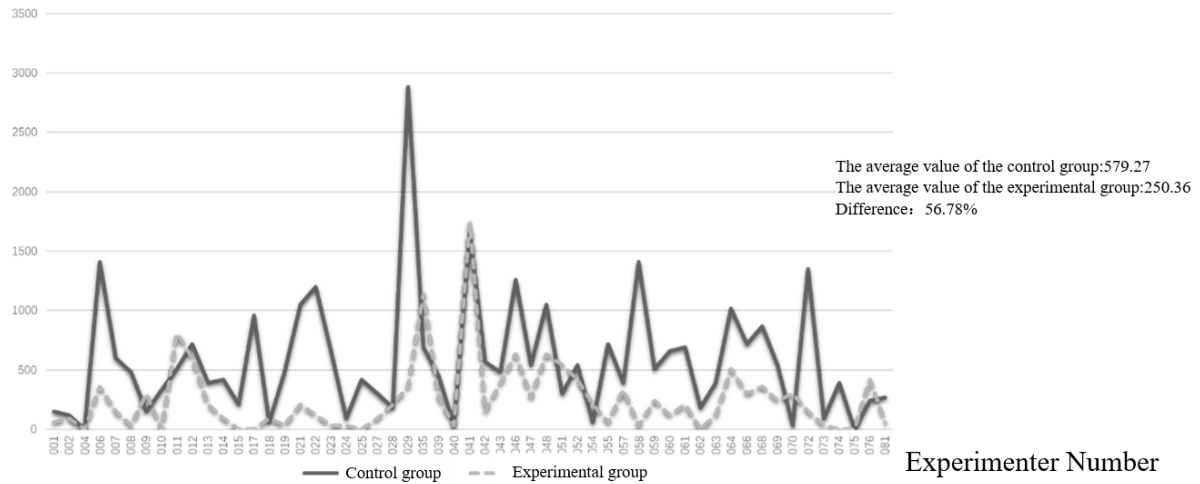


Figure 13

from the sleep latency period to the N2 sleep start

Time(s)

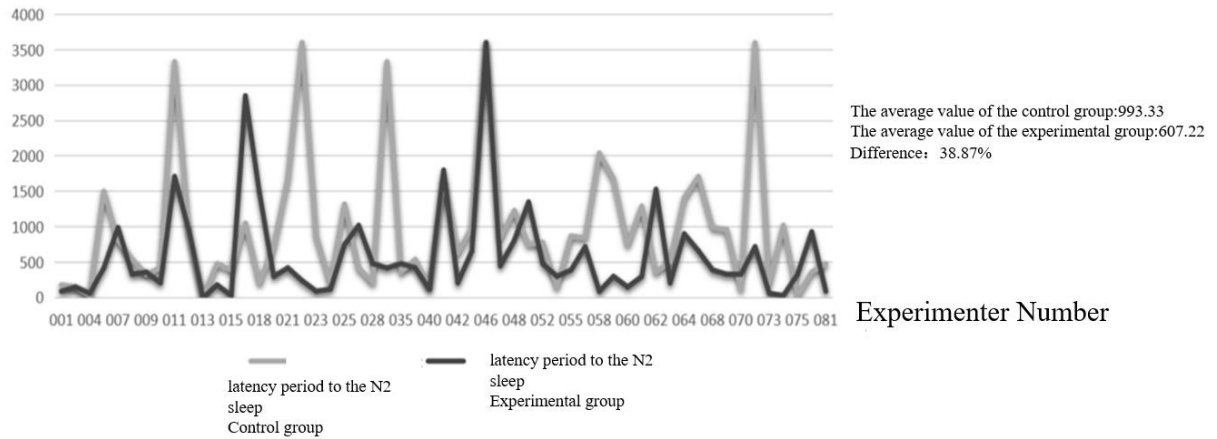


Figure 14

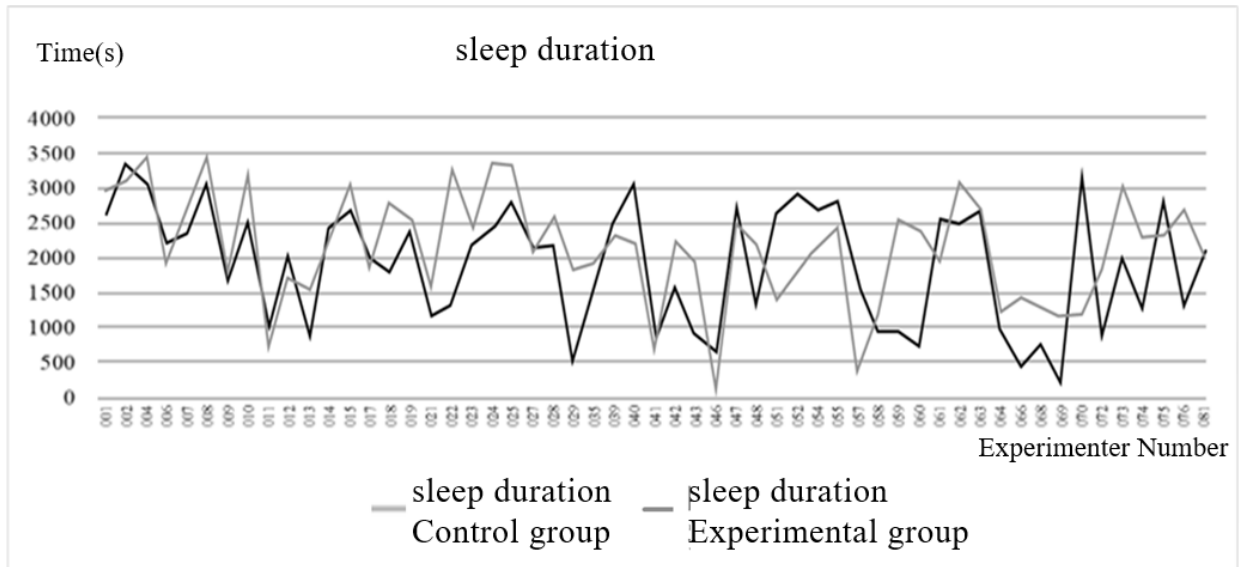


Figure 15

