

Sole for a Running Shoe with Soft-elastic Midsole

Abstract

A sole for a running shoe with a soft-elastic midsole (1) is proposed. The midsole 1 comprises an underside (2) coming at least partially into contact with the ground (B) during running and
5 comprises a plurality of channels (3a, 3b, 3c, 3d, 3e, 4a, 4b, 4c) extending in the transverse direction (Q). The channels (3a, 3b, 3c, 3d, 3e, 4a, 4b, 4c) are arranged in a lateral area of the midsole (1) in at least a first and a second in horizontal plane, wherein the first and second horizontal plane are vertically offset from each other, and wherein the channels (3a, 3b, 3c, 3d, 3e, 4a, 4b, 4c) are each delimited in longitudinal direction (L) by a front wall and a rear wall. Furthermore, the channels
10 (3a, 3b, 3c, 3d, 3e, 4a, 4b, 4c) are vertically and/or horizontally in the longitudinal direction (L) deformable until their closure under the action of forces occurring during running acting vertically (V) and/or longitudinally.

(Figure 1)