CLAIMS:

1. A process for preparing a hydrolysate of water extract of *Syzygium samarangense*, comprising:

   subjecting a fruit material of *Syzygium samarangense* to an extraction treatment with water so as to obtain a water extract; and

   subjecting the water extract to a hydrolysis treatment with bromelain.

2. The process of Claim 1, wherein the weight ratio of the fruit material of *Syzygium samarangense* to water ranges from 1:0.5 to 1:5.

3. The process of Claim 1, wherein the weight ratio of the water extract to bromelain ranges from 150:1 to 600:1.

4. The process of Claim 1, further comprising conducting a solid-liquid separation treatment after the hydrolysis treatment so as to remove a solid portion resulting from the hydrolysis treatment.

5. The process of Claim 1, wherein the fruit material of *Syzygium samarangense* comprises a pulp of *Syzygium samarangense*.

6. The process of Claim 5, wherein the fruit material of *Syzygium samarangense further* comprises a peel of *Syzygium samarangense* and a seed *of Syzygium samarangense*.

7. A hydrolysate of water extract of *Syzygium samarangense*, which is prepared by a process

comprising:

subjecting a fruit material of *Syzygium samarangense* to an extraction treatment with water so as to obtain a water extract; and

subjecting the water extract to a hydrolysis treatment with bromelain.

8. The hydrolysate as claimed in Claim 7, wherein the weight ratio of the fruit material of the *Syzygium samarangense* to water ranges from 1:0.5 to 1:5.

9. The hydrolysate as claimed in Claim 7, wherein the weight ratio of the water extract to bromelain ranges from 150:1 to 600:1.

10. The hydrolysate as claimed in Claim 7, wherein the process further comprises conducting a solid-liquid separation treatment after the hydrolysis treatment so as to remove a solid portion resulting from the hydrolysis treatment.

11. The hydrolysate as claimed in Claim 7, wherein the fruit material of *Syzygium samarangense* comprises a pulp of *Syzygium samarangense*.

12. The hydrolysate as claimed in Claim 11, wherein the fruit material of *Syzygium samarangense further* comprises a peel of *Syzygium samarangense* and a seed *of Syzygium samarangense*.

13. A composition comprising a hydrolysate according to Claim 7.

14. The composition as claimed in Claim 13, which is in a topical dosage form.

15. The composition as claimed in Claim 13, which is in an oral dosage form.

16. A composition as claimed in Claim 13 for use as a medicament.

17. Use of a composition as claimed in Claim 13 in the manufacture of a medicament for: improving wound healing; retarding skin aging; enhancing moisture-retaining capacity of skin; and/or whitening skin.

18. Use of a composition as claimed in Claim 13 in the manufacture of a medicament for retarding aging.