16. A device for use in a method of inserting an implant into a human or animal body, the method comprising:

operating an actuator mechanism of the device to move an operable portion of the device along a first axis and to move the operable portion of the device along a second axis perpendicular to the first axis to make an incision on the human or animal body; and

using the device to insert the implant at least partially through the incision on the human or animal body.