

ABSTRACT

The present invention provides a liquid or pasty packaged food composition containing starch that can be cooked with water to prepare a viscous liquid food product, without using hot water as the water and with fewer times of stirring to reduce undissolved residues or lumps.

- 5 One or more embodiments of the present invention pertain to a liquid or pasty packaged food composition comprising a liquid or pasty food composition and a container storing the liquid or pasty food composition, wherein the liquid or pasty food composition contains pregelatinized crosslinked starch and water and is water-based.