

Analytical method for detecting alkaline sphingomyelinase and kit for use in such method.

The present invention relates to an analytical method for assessing the presence of alkaline sphingomyelinase in the stools or biological fluids of patients in need of such an assessment. The invention also relates to a kit for carrying out the analytical method.

More particularly the method of the present invention is an *in vitro* fluorometric method for detecting alkaline sphingomyelinase which, as will be described in detail hereinbelow, is a marker of serious pathological states such as colon cancer and familial adenomatous polyposis.

The enzyme sphingomyelinase (sphingomyelin phosphodiesterase, SMase) catalyzes the hydrolysis of sphingomyelin to ceramide and choline phosphate.

Three different types of SMase (acidic, neutral and alkaline) have been identified to-date, which occur as several iso-forms, as follows:

- lysosomal acidic SMase (A-SMase);
- cytosolic Zn^{2+} -dependent acidic SMase;
- membrane neutral magnesium-dependent SMase (N-SMase);
- cytosolic magnesium-independent N-SMase; and
- alkaline SMase.

SMases have been shown to play a role in a wide variety of physiologic and pathological processes, including: lysosomal hydrolysis of endocytosed SM, ceramide mediated cell signalling, atherogenesis, terminal differentiation, cell cycles arrest, apoptosis, inflammation, and the regulation of eukaryotic stress responses.

In contrast to acidic and neutral SMase, which are currently present in cells as lysosomal and membrane-bound enzymes, respectively,

alkaline SMase exhibits tissue and species difference. In human beings, the alkaline SMase is found in intestinal mucosa and bile. Alkaline SMase starts to appear in the duodenum, reaches a high level in the intestine, especially in the distal part of the jejunum, and occurs in considerable amounts in the colon and rectum. This SMase presents optimal alkaline pH at 9.0, is Mg^{2+} -independent, bile salt-dependent and trypsin-resistant.

The pathological importance of alkaline SMase has only recently been recognized and this has prompted several studies to be carried out, mainly for the following reasons.

First, the enzyme may be responsible for the hydrolysis of the dietary sphingomyelin occurring substantially in milk, eggs, meat and fish. Second, this enzyme may regulate cholesterol absorption. Third, the presence of alkaline SMase along the intestinal tract and its selective decrease detected in colorectal carcinoma suggests that this enzyme plays a role in intestinal carcinogenesis, since under physiological conditions, it stimulates apoptosis and protects the intestinal mucosa against carcinogenesis.

Previous studies have also shown that, under physiological conditions, alkaline SMase is dissociated by bile salts from intestinal mucosal membrane to the lumen. However, under pathological conditions, whereby bile salt concentration is abnormally increased, the dissociation of alkaline SMase by bile salts may exceed the biosynthesis of the enzyme, resulting in a low level of activity of alkaline SMase in the mucosa, and an abnormally increased excretion of the enzyme in the faeces or in biological fluids, i.e. bile. Consequently, the excess of alkaline SMase excreted in the stools or in biological fluids over normal, basal values, may be interpreted as a valuable diagnostic marker for colon rectal carcinoma and familial adenomatous polyposis, hence; the need of a reliable assay for detecting alkaline SMase in the stools or in biological fluids of patients likely to be suffering from the aforesaid pathologies of the intestinal

tract.

In addition, some bacteria strains (e.g. *Streptococcus termophilus* *Lactobacilli*) contain high levels of SMase, and the assessment of alkaline SMase may provide a method to evaluate changes in the number of said bacteria, i.e. after a treatment with probiotics or/and probiotic-based products.

Previous methods for assaying alkaline SMase are already known. The activity of the SMases can be determined either *in vivo* through cell labelled with a radioactive precursor of SM and then determining the labelling product levels or *in vitro* using radiolabelled SM or a chromogenic analog of SM or colored and fluorescent derivatives of neutral SM.

These known commonly used assays are not entirely satisfactory since they are potentially very hazardous insofar as they are radioactive assays and less sensitive than a fluorometric assay.

An object of the present invention is to provide a reliable, unexpensive assay for alkaline SMase in the stools or biological fluids of patients likely to suffer from colorectal carcinoma and familial adenomatous polyposis, or gall bladder or liver diseases, which overcomes the drawbacks of the known methods.

A further object of the present invention is to provide an analytical kit for use in the aforesaid assay.

Another object of the present invention is the assessment of bacterial colonization in different health conditions or following diseases or treatment with drugs or probiotics or food supplements.

The fluorometric, indirect assay method of the present invention is grounded on the following sequence of reactions.

Under the action of alkaline SMase, present in faeces or other biological fluids, sphingomyelin is hydrolyzed to ceramide and phosphorylcholine which, under the action of alkaline phosphatase, is hydrolyzed yielding choline. In the presence of choline oxidase, choline produces hydrogen peroxide (H_2O_2).

This latter compound, in the presence of horse-radish peroxidase, is caused to react with 10-acetyl-3,7-dihydroxyphenoxazine, a sensitive fluorogenic probe for H_2O_2 (hereinbelow referred to as "Amplex Red Reagent") yielding the highly fluorescent compound resorufin. Fluorescence is measured with a fluorocount microplate fluorometer using excitation at 530-560 nm and fluorescence detection at 590 nm.

Based on the aforesaid reaction sequence and fluorescence detection means, the assay method of the present invention for assaying alkaline SMase comprises the following steps which refers to stools. However, it will be apparent to a person skilled in the art that this method can be easily applied also to biological fluids such as bile with appropriate routine variations,

- 1) collecting a sample of a patient's stools and drying it up;
- 2) weighing about 3-4 grams of the dried up sample and suspending it in 20 ml of a homogenization buffer containing 0.25 M sucrose, 0.15 M KCl, 50 mM KH_2PO_4 , pH 7.4;
- 3) centrifuging the sample at 4000 rpm at +4°C for 60 min;
- 4) recovering the supernatant and centrifuging again for 15 min. at 4000 rpm at +4°C;
- 5) measuring protein content in supernatant with the Pierce Protein Assay with bovine serum albumine as standard using for each sample a range of protein concentration between 32 mg/ml and 40 mg/ml and pipetting 25 μ l of each sample into well;

- 6) adding to each 25 μ l sample 65 μ l of assay buffer containing 50 mM Tris/HCl, 2 mM EDTA, 0.15 M NaCl pH 9.0 and 10 μ l of 29 μ M sphingomyelin and in assay buffer adding bile salts (TC, TDC, GC, GCDC) in the concentration of 3 mM;
- 7) incubating at 37°C for 1 hr;
- 8) pipetting 100 μ l of each standard (see below) and 10 μ l of sphingomyelin (29 μ M), incubating for 1 hr at 37°C as the samples;
- 9) after 1 hour, adding 100 μ l of reaction buffer containing 50 mM Tris/HCl pH 7.4, 10 mM β -glycerophosphate, 750 μ M ATP, 5 mM EDTA, 5 mM EGTA, 100 μ M Amplex Red, 8 U/ml alkaline phosphatase, 0.2 U/ml choline oxidase, 2 U/ml horseradish peroxidase;
- 10) incubating the reactions for 1 hour or longer at 37°C, protected from light;
- 11) measuring the fluorescence in a fluorescence microplate reader using excitation in the range of 530-560 nm and emission detection at 590 nm;
- 12) for each point, correcting for background fluorescence by subtracting the values derived from the no-sphingomyelinase control.

The invention also relates to a kit for detecting alkaline sphingomyelinase in a patient's stools or biological fluids according to the previously disclosed method, which comprises test tubes separately containing samples of the following reagents:

- a) sphingomyelin to be hydrolyzed by alkaline sphingomyelinase present in the stools or biological fluids, to give phosphorylcholine;
- b) alkaline phosphatase for catalyzing the hydrolysis of phosphorylcholine to choline;

- c) choline oxidase for oxidizing choline to hydrogen peroxide;
- d) horse-radish peroxidase for assisting reaction of hydrogen peroxide with
- e) Ampler Red Reagent (10-acetyl-3,7-dihydroxyphenoxazine) to give the fluorescent compound resorufin whose fluorescence is a marker of the alkaline SMase present in the stools or biological fluids; and
- f) lyophilized bacterial sphingomyelinase for use as standard concentrate.

For the analytical method of the present invention to be suitably carried out, in addition to the aforesaid kit components, the following further materials and equipments are required:

Sucrose;

Potassium chloride (KCl);

Potassium phosphate, monobasic (KH_2PO_4);

Trizma base;

EDTA;

Sodium chloride;

Taurocholate (TC);

Taurodeoxycholate (TDC);

Glycocholate (GC);

Glycochenodeoxycholate (GCDC);

β -glycerophosphate;

ATP disodium salt;

EGTA;

BCA Protein Assay Reagent;

Bovine serum albumine;

A refrigerated centrifuge;

A microplate reader capable of measurement at 550-562 nm, and

A fluorocount microplate fluorometer.

In order to accomplish the quantification of SMase activity, the following measures should be taken.

Standard Curve Preparation

The kit is supplied with a standard preparation of SMase, it consists of bacterial extract containing a type of SMase that works at pH 9. The following operations should be performed.

Generate a SMase calibration curve: dilute the standard concentrate to make serial dilutions.

Reconstitute the SMase standard with 1 ml of assay buffer (pH 9.0); this reconstitution produces a stock solution of 96 mU/ml.

Pipette 0.500 ml of assay buffer into each tube. Use the stock solution to produce a dilution series. Mix each tube thoroughly before the next transfer. The undiluted standard serves as the high standard (96 mU/ml), and the standard curve will contain the following concentrations (mU/ml): 96-48-24-12-6-3. Buffer serves as the zero standard (0 mU/ml).

Typical Standard Curves

In Figure 1 the standard curve is shown for demonstration only. A standard curve should be generated for each set of samples assayed.

Calculation of Results

Average the duplicate readings for each standard and sample and subtract the average zero standard fluorescence.

Plot the fluorescence for the standards versus the activity (mU/ml) of the standards and draw the best curve. To determine the SMase activity of each sample, first find the fluorescence value on the y-axis

and extend a horizontal line to the standard curve. At the point of intersection, extend a vertical line to the x-axis and read the corresponding SMase activity.

The described method is able to assay SMase activity *in vitro*; it has been developed with the intent to detect alkaline SMase in an organic sample.

To assay specifically the alkaline SMase the method uses conditions that detect the acid and neutral SMases activity. In fact:

- the homogenization buffer is at neutral pH, but it have not protease and phosphatase inhibitors to exclude the neutral SMase since the latter is sensitive to activities of proteases and phosphatases and is consequently inhibited by these enzymes;
- in the homogenization buffer the MgCl_2 is absent to block the activity of Mg dependent neutral SMase;
- the reaction buffer contains β -glycerophosphate and ATP to preclude acid SMase moreover activity at neutral pH, in this buffer EDTA and EGTA are present in high concentration to inhibit neutral SMase.

What is claimed is:

1. A method for detecting alkaline sphingomyelinase in a patient's stools, which comprises the following steps:

- 1) collecting a sample of a patient's stools and drying it up;
- 2) weighing about 3-4 grams of the dried up sample and suspending it in 20 ml of a homogenization buffer containing 0.25 M sucrose, 0.15 M KCl, 50 mM KH_2PO_4 , pH 7.4;
- 3) centrifuging the sample at 4000 rpm at +4°C for 60 min;
- 4) recovering the supernatant and centrifuging again for 15 min. at 4000 rpm at +4°C;
- 5) measuring protein content in supernatant with the Pierce Protein Assay with bovine serum albumine as standard using for each sample a range of protein concentration between 32 mg/ml and 40 mg/ml and pipetting 25 μl of each sample into well;
- 6) adding to each 25 μl sample 65 μl of assay buffer containing 50 mM Tris/HCl, 2 mM EDTA, 0.15 M NaCl pH 9.0 and 10 μl of 29 μM sphingomyelin and in assay buffer adding bile salts (TC, TDC, GC, GCDC) in the concentration of 3 mM;
- 7) incubating at 37°C for 1 hr;
- 8) pipetting 100 μl of each standard lyophilized bacterial sphingomyelinase and 10 μl of sphingomyelin (29 μM), incubating for 1 hr at 37°C as the samples;
- 9) after 1 hour, adding 100 μl of reaction buffer containing 50 mM Tris/HCl pH 7.4, 10 mM β -glycerophosphate, 750 μM ATP, 5 mM

EDTA, 5 mM EGTA, 100 μ M Amplex Red, 8 U/ml alkaline phosphatase, 0.2 U/ml choline oxidase, 2 U/ml horseradish peroxidase;

10) incubating the reactions for 1 hour or longer at 37°C, protected from light;

11) measuring the fluorescence in a fluorescence microplate reader using excitation in the range of 530-560 nm and emission detection at 590 nm;

12) for each point, correcting for background fluorescence by subtracting the values derived from the no-sphingomyelinase control.

2. The method of claim 1, applied to biological fluids.

3. A kit for detecting alkaline sphingomyelinase in a patient's stools or biological fluid which comprises test tubes separately containing samples of the following reagents:

a) sphingomyelin to be hydrolyzed by alkaline sphingomyelinase present in the stools or biological fluids, to give phosphorylcholine;

b) alkaline phosphatase for catalyzing the hydrolysis of phosphorylcholine to choline;

c) choline oxidase for oxidizing choline to hydrogen peroxide;

d) horse-radish peroxidase for assisting reaction of hydrogen peroxide with

e) Amplex Red Reagent (10-acetyl-3,7-dihydroxyphenoxazine) to give the fluorescent compound resorufin whose fluorescence is a marker of the alkaline SMase present in the stools or biological fluids; and

f) lyophilized bacterial sphingomyelinase for use as standard concentrate.

4. A method for detecting alkaline sphingomyelinase in a biological material from a patient, comprising the steps of

- 1) collecting a sample of the biological material;
- 2) suspending the sample in an homogenization buffer containing 0.24-0.26 M sucrose, 0.14-0.16 M KCl, 45-55 mM KH_2PO_4 , adjusted to about pH 7.4;
- 3) centrifuging the sample at least once and recovering the supernatant;
- 4) measuring the protein content in supernatant;
- 5) adding to a sample of the supernatant an assay buffer containing 44-55 mM Tris/HCl, 1.9-2.2 mM EDTA, 0.14-0.16 M NaCl pH 8.9-9.1, 28-30 μM sphingomyelin and an assay buffer containing bile salts (TC, TDC, GC, GCDC) at a concentration of 2.9-3.1 mM;
- 6) incubating the assay mixture at about 37°C for about 1 hr;
- 7) mixing a sample from step 6) with 28-31 μM sphingomyelin, and incubating for about 1 hr at about 37°C;
- 8) adding reaction buffer containing 45-55 mM Tris/HCl pH 7.3-7.5, 9-11 mM β -glycerophosphate, 745-755 μM ATP, 4-6 mM EDTA, 4-6 mM EGTA, 95-105 μM Amplex Red reagent, 7-9 U/ml alkaline phosphatase, 0.1-0.3 U/ml choline oxidase and 1.5-2.5 U/ml horseradish peroxidase;
- 9) incubating the reaction mixture for at least 1 hour at about 37°C, protected from light;

10) measuring the fluorescence using excitation in the range 530-560 and emission detection at about 590 nm.

5. A method as claimed in claim 4, wherein, for each sample, the fluorescence reading is corrected for background fluorescence by subtracting the values derived from a no-sphingomyelinase control.

6. A method as claimed in claim 4 or 5, wherein the protein content is measured by the Pierce Peotein Assay.

7. A kit for detecting alkaline sphingomyelinase in a biological sample obtained from a patient comprising:

- a) sphingomyelin
- b) alkaline phosphatase,
- c) choline oxidase,
- d) horseradish peroxidase,
- e) Amplar Red reagent,
- f) lyophilized bacterial sphingomyelinase.

8. A method of detecting alkaline sphingomyelinase substantially as described herein with reference to the figure.

9. A kit for detecting alkaline sphingomyelinase substantially as described herein with reference to the figure.