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CLAIMS

1. Nutritional or therapeutic agent comprising at least one molecule mix obtained from *Vitis vinifera* and *Vaccinium angustifolium*, comprising:

- at least 1% of catechins and/or epicatechins, the percentage being given by weight in relation to the total weight of the mix,

- at least 5 ppm (parts per million in the mix) of ferulic acid, and

- at least 200 ppm of resveratrol.

2. Agent according to claim 1, characterized in that the molecule mix comprises at least 5% of catechins and/or epicatechins, the percentage being given by weight in relation to the total weight of the mix.

3. Agent according to claim 1 or 2, characterized in that the molecule mix comprises at least 10 ppm (parts per million in the mix) of ferulic acid.

4. Agent according to one of the preceding claims, characterized in that the mix is formed by:

- an extract of *Vitis vinifera* and/or an extract of *Vaccinium angustifolium*, and
- an extract obtained from *Vitis vinifera* and *Vaccinium angustifolium*.

5. Agent according to the preceding claim, characterized in that the extract of *Vitis vinifera* has a flavanol polymer content of less than 0.5% by weight of the total weight of the polyphenols of the extract.

6. Agent according to one of the preceding claims, characterized in that the molecule mix also comprises:

- malvidin 3-glucoside at a concentration of at least 300 ppm, and/or

- at least 50 ppm of quercetin and/or quercetin glycosides, and/or

- at least 500 ppm of anthocyanidins.

7. Agent according to one of the preceding claims, for use as a drug for humans or animals.

8. Agent according to one of claims 1 to 6, for use in the treatment or prevention in humans or animals of Alzheimer's disease and/or Parkinson's disease and/or Huntington's disease and/or pathological cognitive decline and/or dementia and/or depression and/or diabetes and/or schizophrenia and/or mental retardation

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and/or disorders relating to the post-menopausal condition in women and/or cognitive dysfunction syndrome (CDS).

9. Agent for use according to one of claims 7 or 8, at a dose allowing humans or animals to be provided with:

- at least 100 µg per kg of body weight of catechins and/or epicatechins,
- at least 0.05 µg per kg of body weight of ferulic acid, and
- at least 10µg per kg of body weight of resveratrol.

10. Agent for use according to one of claims 7 to 9, at a dose allowing humans or animals to be provided with:

- at least 0.2 µg per kg of body weight of quercetin and/or quercetin glycosides, and
- at least 1 µg per kg of body weight of anthocyanidins.

11. Non-therapeutic use of an agent according to one of claims 1 to 6 in healthy humans or animals, to improve cognitive functions and/or executive functions, and/or to limit age-related non-pathological cognitive decline.

12. Non-therapeutic use according to claim 11, to improve memory and/or attention and/or concentration and/or alertness and/or learning and/or intelligence and/or language and/or mood and/or stress and/or anxiety and/or outlook and or sleep.

13. Non-therapeutic use according to one of claims 11 or 12, characterized in that said agent is used in a quantity allowing humans or animals to be provided with:

- at least 100 µg per kg of body weight of catechins and/or epicatechins,
- at least 0.05 µg per kg of body weight of ferulic acid, and
- at least 10 µg per kg of body weight of resveratrol.

14. Non-therapeutic use according to one of claims 12 to 14, characterized in that said agent is used in a quantity allowing humans or animals to be provided with:

- at least 0.2 µg per kg of body weight of quercetin and/or quercetin glycosides, and
- at least 1 µg per kg of body weight of anthocyanidins.

15. Composition comprising a nutritional or therapeutic agent according to one of claims 1 to 5, characterized in that it is in a form chosen from tablets, capsules,

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gel capsules, powders, solutions, microcapsules, suspensions, emulsions, food supplements, drinks and food for humans or animals.