

ABSTRACT

An information recording medium disk according to an embodiment is a disk having a thickness of 0.51 mm or less. The disk has one main surface, an opposite main surface, and a side wall surface connecting the two main surfaces; and a recording layer. In the disk, a variation in a thermal expansion amount in a radial direction of the disk over a circumferential direction of the disk when the temperature is increased by 5°C in a temperature range of -30°C to 70°C, the thermal expansion amount being calculated assuming that the disk has a diameter of 95 mm, is 0.3 μm or less, and a ratio of the variation in the thermal expansion amount to a coefficient of thermal expansion of the disk at -30°C to 70°C is $1.1 \times 10^4 \mu\text{m} \cdot \text{K}$ or less.