

[ABSTRACT]

The present disclosure relates to a composition for enhancing immunity, comprising, as an active ingredient, an enzyme-treated polysaccharide derived from a mixed extract of angelica, cnidium, and paeonia; or a novel purified polysaccharide fraction thereof.

The composition for enhancing immunity according to the present disclosure, comprising, as an active ingredient, an enzyme-treated polysaccharide of a mixed extract of angelica, cnidium, and paeonia; or a novel purified polysaccharide fraction thereof, is composed of sugars of specific types and contents, and treating macrophages, splenocytes, and NK cells therewith significantly increases the activities of these cells. As such, it can be applied as an immunoenhancer or a food composition for enhancing immunity.