

ABSTRACT

This application provides a communication method and a communication apparatus. The method may be applied to the communication field. The method includes: receiving configuration information, where the configuration information includes a mapping relationship between a plurality of access points APs and a plurality of pieces of indication information, the plurality of
5 APs include a first AP, a second AP, and at least one third AP, the plurality of pieces of indication information include first indication information and second indication information, the first indication information is used to identify a first basic service set BSS to which an AP group including the first AP and the second AP belongs, and the second indication information is used to
10 identify a second BSS to which any third AP belongs; and performing communication based on the configuration information. According to the method, in a multi-AP coordinated transmission scenario, a station can still perform communication based on the configuration information, to avoid a decoding conflict and ambiguous identification, thereby improving performance and stability of a wireless network.