

ABSTRACT OF THE DISCLOSURE

A digital apparatus for treating myopia is provided. The digital apparatus may include a digital instruction generation unit configured to generate digital therapeutic modules for treating myopia based on a mechanism of action (MOA) in and a therapeutic hypothesis for the myopia, generate specified digital instructions based on the digital therapeutic modules and provide the digital instructions to a first user, and an outcome collection unit configured to collect the first user's execution outcomes of the digital instructions.

10