ABSTRACT

This application provides a communication method and a communication apparatus. The method includes: A sending end sends a signal and receives channel information. The channel information is obtained based on the signal, the signal has undergone first processing and/or second processing, the first processing is performed on a sending parameter of the signal, and the second processing is performed on a receiving parameter of the signal and/or the channel information corresponding to the signal. In this application, the signal is designed to undergo the first processing and/or the second processing. Therefore, the first processing and the second processing may be designed based on an actual communication requirement, so that the channel information obtained based on the signal meets the actual communication requirement, thereby expanding the application scope of the channel information.