CLAIMS

1. A health management system for facilitating a user to improve diet control of a kidney disease by the interaction between the user and the health management system, the health management system comprising:

a data bank which is a recording medium for storing a plurality of graphic data of food count units, questionnaire data about diet control for the kidney disease and questionnaire about self-care;

a display module connected to the data bank for displaying a loop table including a plurality of columns, wherein each of the plurality of columns is used for displaying the graphic data of food count units, the questionnaire data about diet control for the kidney disease or the questionnaire about self-care;

an input module for the user to output a request or input an answer; and

a data producing module connected to the data bank and the display module, the data producing module receiving the request of the user, retrieving the graphic data of food count units, the questionnaire data about diet control for the kidney disease or the questionnaire about self-care and transmitting the graphic data of food count units, the questionnaire data about diet control for the kidney disease or the questionnaire about self-care to the display module, wherein after the user outputs the request and before the answer is input, the display module only displays the graphic data of food count units, the questionnaire data about diet control for the kidney disease or the questionnaire about self-care.

2. The health management system of claim 1, wherein one of the columns of the loop table is used for showing an initiation point.

3. The health management system of claim 2, wherein after the user outputs a first

request, the data producing module produces a forward integer from 0 to 6, the display module labels the user to a first corresponding column from the initiation point in a clockwise direction or an anti-clockwise direction according to the forward integer, and the data producing module retrieves the graphic data of food count units, the questionnaire data about diet control for the kidney disease or the questionnaire about self-care from the data bank according to the first corresponding column displayed in the display module.

4. The health management system of claim 2, wherein after the user outputs a second request, the data producing module further produces a forward integer from 0 to 6, the display module takes the column of the first request as a base point and labels the user to a second corresponding column according to the forward integer, and the data producing module retrieves the graphic data of food count units, the questionnaire data about diet control for the kidney disease or the questionnaire about self-care from the data bank according to the column in response to the second request.

5. The health management system of claim 4, wherein while being forwarded to the column showing a graph of diet control for the kidney disease or a graph of self-care, the user is requested to input the answer.

6. The health management system of claim 5, wherein the answer input by the user is incorrect, the data producing module further produces a backward integer from 0 to 6, and the display module takes the column as the base point and labels the user to a corresponding column according to the backward integer.

7. The health management system of claim 1, wherein each of the graphic data of food

count units includes a picture presenting one part of food and an amount of the part food.

8. The health management system of claim 1, wherein the input module is connected to the data producing module.

9. The health management system of claim 1, wherein at least one of the columns of the loop table is a forward column or a backward column.