

ABSTRACT

AN ACTIVE SUBSTANCE OF *LACTOBACILLUS PLANTARUM* GKM3, A COMPOSITION COMPRISING THEREOF AND ITS USE FOR PROMOTING LONGEVITY

The present invention provides an active substance of *Lactic Acid Bacteria*, a composition comprising thereof and its use for promoting longevity, especially for increasing Cisd2 gene expression, reducing mitochondrial damage and delaying aging conditions such as nerve degeneration and sarcopenia.

Fig. 3