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(54) Title: COMPOSITION FOR ORAL OR RECTAL ADMINISTRATION

(57) Abstract: A solid pharmaceutical or food supplement tablet or suppository composition has a melting point of 25 °C or higher and comprises a continuous lipid component comprising one or more polar lipids, one or more non-polar lipids, optionally one or several of water and mono- to trivalent alcohol in an amount of up to 15% by weight of the composition, and one or more agents selected from pharmacologically active agent and food supplement agent. Also disclosed is a corresponding tablet and a corresponding suppository, processes for the production of the composition and the tablet and the suppository, and a method of treating conditions amenable to preventive or therapeutic treatment by administration of the tablet or suppository.