CLAIMS:

1. An exoskeleton comprising:

a garment article wearable on a body of a user;

a base mounted inside the garment article; and

a plurality of inflatable actuator elements attached to the base and arranged in proximity to form an array, wherein each of the plurality of inflatable actuator elements is independently removable from the base and is inflatable to an inflated position;

wherein at least one of the plurality of inflatable actuator elements collides against an adjacent inflatable actuator element when the inflatable actuator elements are in the inflated position.

2. The exoskeleton of claim 1, wherein each of the plurality of inflatable actuator elements has a first mating part which is secured to a corresponding second mating part of the base, independently securing each the plurality of actuator elements to the base.

3. The exoskeleton of claim 1, further comprising a second array of a plurality of inflatable actuator elements, and both the array and the second array are adapted to be positioned on an anterior side of the body of the user, and adapted to support a lower body of the user.

4. The exoskeleton of claim 1, wherein the plurality of actuator elements in the inflated position combine to generate a combined resistive torque to support muscles of the body of the user.

5. The exoskeleton of claim 4, wherein the combined resistive torque is controllable by changing a shape, a size, a material elasticity or a spatial location, or any combination thereof, of one or more of the plurality of inflatable actuator elements.