~~WHAT IS CLAIMED IS:~~

~~1. A method for treating a neurological disorder, the method comprising:~~

~~applying at least one stimulus to the vestibulocochlear nerve of a patient in need of such treatment, wherein the at least one stimulus is an auditory stimulus, a vibratory stimulus, or a combination thereof.~~

~~2. The method of claim 1, wherein both auditory stimulus and vibratory stimulus are applied.~~

~~3. The method of claim 1, wherein the at least one stimulus is applied to one of the vestibulocochlear nerves.~~

~~4. The method of claim 1, wherein the at least one stimulus is applied to both vestibulocochlear nerves.~~

~~5. The method of claim 1, wherein the auditory stimulus is applied at a frequency of about 0.1Hz to about 40Hz.~~

~~6. The method of claim 1, wherein the vibratory stimulus is applied at a frequency of about 0.3 Hz to about 15 Hz.~~

~~7. The method of claim 4, wherein an auditory stimulus is applied to each vestibulocochlear nerve at different frequencies.~~

~~8. The method of claim 1, wherein an auditory stimulus is applied to an auditory nerve bundle of the vestibulocochlear nerve, without affecting a vestibular nerve bundle.~~

~~9. The method of claim 1, wherein a vibratory stimulus is applied to a vestibular nerve bundle, without affecting an auditory nerve bundle.~~

~~10. The method of claim 1, wherein the at least one stimulus is applied externally and travels to the vestibulocochlear nerve via transmission through body tissues~~

~~11. The method of claim 1, wherein the at least one stimulus is applied within the patient's body and transmitted either directly to the vestibulocochlear nerve or via transmission through body tissues.~~

~~12. A method of increasing concentration, the method comprising:~~

~~applying at least one stimulus to the vestibulocochlear nerve of a patient in need of such treatment, wherein the at least one stimulus is an auditory stimulus, a vibratory stimulus, or a combination thereof, and causes an increase in Beta brain wave activity.~~

~~13. A method of enhancing relaxation, the method comprising:~~

~~applying at least one stimulus to the vestibulocochlear nerve of a patient in need of such treatment, wherein the at least one stimulus is an auditory stimulus, a vibratory stimulus, or a combination thereof, and causes an increase in alpha brain wave activity.~~

WHAT IS CLAIMED IS:

~~14~~. An apparatus for delivering a stimulus to the vestibulocochlear nerve of a patient, the apparatus comprising:

at least one vibratory element ~~adapted~~ capable of delivering auditory stimulus between 0.1Hz and about 40Hz, vibratory stimulus between about 0.3Hz and about 15Hz, or both;

a microprocessor, operatively coupled to the vibratory element for controlling the delivery of stimuli via the at least one vibratory element.

~~15~~2. The apparatus of claim ~~14~~, further comprising a second vibratory element ~~adapted~~ capable of delivering auditory stimulus between 0.1Hz and about 40Hz, vibratory stimulus between about 0.3Hz and about 15Hz, or both, wherein the at least one vibratory element and the second vibratory element are independently controllable by the microprocessor.

~~16~~3. The apparatus of claim ~~14~~, further comprising user controls for selective control of the stimuli.

~~17~~4. The apparatus of claim ~~14~~, wherein the at least one vibratory element is adapted for placement externally behind the ear of a patient.

~~18~~5. The apparatus of claim ~~14~~, wherein the at least one vibratory element is adapted for placement within the ear canal of a patient.

~~19~~6. The apparatus of claim ~~14~~, wherein the at least one vibratory element is adapted for implantation at or near the vestibulocochlear nerve.