CLAIMS

1. An applicator comprising:

   a first structural element having a shape formed upon a mold or surface created from a digital geometric representation of a target structure;

   the first structural element having a target structure contact surface and an active agent disposed thereon,

   wherein the first structural element is self-supporting such that the first structural element retains the shape of the target structure;

   wherein the active agent comprises two layers, wherein a first layer is a release layer and a second layer is an active agent layer, and wherein the release layer includes a first material and the active agent layer includes a second material, and wherein the first material and the second material are different.

2. The applicator of claim 1 wherein the active agent is located according to data from a diagnostic scan of the target structure.

3. The applicator according to claim 1, the first structural element further comprising indicia located according to the data from a diagnostic scan of the target structure.

4. The applicator according to claim 3, wherein the indicia comprise an active agent disposed upon a portion of the applicator at a location determined according to the diagnostic scan.

5. The applicator according to claim 1, wherein a portion of the applicator comprises an elastomeric material.

6. The applicator according to claim 1, wherein a portion of the applicator comprises a hinge.

7. The applicator according to claim 1, further comprising a second structural element, at least a portion of the second structural element comprising a shape determined from the three-dimensional scan of the target structure, the second structural element disposed adjacent to the first structural element, wherein at least one spatial cavity having a defined volume and location, the cavity volume at least partly defined by portions of the first and second structural elements, is disposed between the first and second structural elements.

8. The applicator according to claim 7, further comprising an active agent disposed in the at least one spatial cavity.

9. The applicator according to claim 7, wherein at least one of the cavity volume and location is determined according to the diagnostic scan.

10. The applicator according to claim 7, further comprising an insulating element disposed adjacent to a surface of the first structural element.

11. The applicator according to claim 1, the applicator comprising physical properties determined according to corresponding physical properties of the target structure.

12. The applicator according to claim 1, the applicator comprising physical properties determined according an interaction with the target structure.

13. The applicator according to claim 1, wherein the geometry of the first structural element is determined according to the digital geometric representation and diagnostic scans.

14. The applicator according to claim 1, further comprising at least one element adapted for the application of an active agent selected from the group consisting of: electric current, electric voltage, an electric field, a magnetic field, and combinations thereof, to the target structure.

15. The applicator according to claim 1, wherein the applicator comprises a single-dose applicator.

16. The applicator according to claim 1, wherein the applicator comprises a disposable applicator.