

ABSTRACT

A composition for foodstuff, having a mass ratio of a total content of D-isoleucine, D-leucine, and D-valine to the content of D-alanine (D-isoleucine, D-leucine, and D-valine / D-alanine) of 0.1 or more. The composition of the
5 present invention is useful in the fields of foodstuff, and the like.