Device for Exercising Elbow

Abstract

An elbow orthotic device, apparatus and method for human limb correction to alleviate elbow joint pain diagnosed with lateral or medial epicondylalgia having at least one brace portion, wherein the at least one brace portion having a first brace portion adapted to encase or wrap a user lower arm, a second brace portion adapted to encase or wrap a user upper arm, the first brace portion and second brace portion fixably connected to and hinged at one end of the first and second brace portion, wherein the first and second brace portion rotatably movable along a degree of freedom, wherein the user applies a force while moving the first and second brace portion to a flex inward and a flex outward position.

Fig. 1.1 B