ABSTRACT

A communication apparatus capable of wireless communication compliant with an IEEE 802.11 series standard comprises a transmission means for transmitting, to another communication apparatus in a transmission opportunity (TXOP) period obtained by the communication apparatus, a wireless frame for executing TXOP sharing among a plurality of apparatuses, in which a TXOP obtained by the communication apparatus is allocated to the other communication apparatus to obtain a TXOP Sharing period, and a trigger frame for allocating the TXOP to the other communication apparatus, wherein the wireless frame includes at least one of predetermined information by which a maximum duration of the TXOP Sharing period can be specified, and information indicating that the TXOP Sharing period is arranged after the TXOP period obtained by the communication apparatus.