

ENVIRONMENTAL EQUIPMENT CONTROL DEVICE

ABSTRACT

Provided is an environmental equipment control apparatus capable of immediately
5 executing control for improving a physical and mental state of a user. An environmental
equipment control apparatus (100) for controlling a plurality of types of environmental
equipment (10, 20, 30) includes: a grasping unit (60) that grasps current physical and mental
state information of the user, environmental situation information, and target relationship
information representing a relationship between a target physical and mental state and a
10 current physical and mental state; learning control plan output means (80) that outputs a
control change plan for each of combinations of the plurality of types of environmental
equipment (10, 20, 30) in accordance with the current physical and mental state information,
the environmental situation information, and the target relationship information; and a
selection control unit (90) that selects one control plan from among a plurality of control
15 plans output by the learning control plan output means (80) and executes the one control
change plan. The learning control plan output means (80) learns to update a method for
specifying the control plan to be output, by using the physical and mental state of the user
changed by executing the control plan selected by the selection control unit (90).

20 Fig. 2