WHAT IS CLAIMED IS:

1. A surface treatment method comprising:

preparing a metal laminated article including roughness which is attributable to lamination marks and roughness which is attributable to melt-coagulation; and

blasting the surface of the metal laminated article using shot media, the blasting including removing the roughness which is attributable to lamination marks and the roughness which is attributable to melt-coagulation,

wherein the shot media include first shot media of first granularity with the grit shape and second shot media of second granularity with a grit shape, and the first granularity is greater than the second granularity.

2. The surface treatment method according to claim 1, wherein Vickers hardness of each of the first shot media and the second shot media is 1.6 times or more Vickers hardness of the metal laminated article.

3. The surface treatment method according to claim 1 or 2, wherein the first shot media and the second shot media are formed of a same material.

4. The surface treatment method according to any one of claims 1 to 3, wherein the metal laminated article is formed of powder of pure titanium and a titanium alloy.