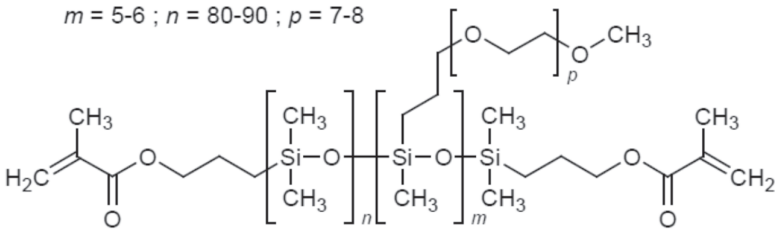
WHAT IS CLAIMED IS:

1. An unworn silicone hydrogel contact lens sealed in a package, the contact lens comprising a polymeric lens body loaded with at least one 2-oleoyl phospholipid, wherein the contact lens when in contact with an artificial tear serum (ATF) comprising 50 ppm human $sPLA_2$ for four hours at 37° C releases at least two times more oleic acid than when in contact with ATF without human $sPLA_2$, wherein the 2-oleoyl phospholipid is a phosphatidylserine, a phosphatidylethanolamine or a phosphatidylglycerol.

2. The silicone hydrogel contact lens of claim 1, wherein the 2-oleoyl phospholipid is selected from DOPG, DOPS and DOPE.

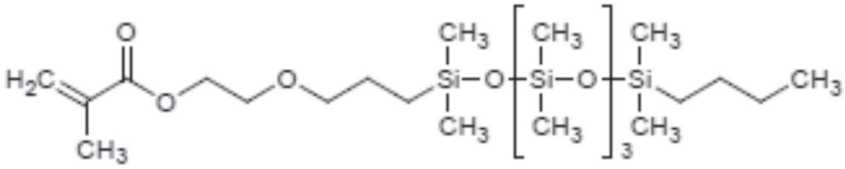
3. The silicone hydrogel contact lens of claim 1, wherein the polymeric lens body is a reaction product of a polymerizable composition comprising from 25 wt.% to 55 wt.% of a siloxane monomer, from 30 wt.% to 55 wt.% of a vinyl monomer selected from N-vinyl pyrrolidone, N-vinyl-N-methyl acetamide, or combinations thereof, and optionally from about 1 wt.% to about 20 wt.% of a hydrophilic monomer selected from N,N-dimethylacrylamide (DMA), 2-hydroxyethyl methacrylate (HEMA), ethoxyethyl methacrylamide (EOEMA), or ethylene glycol methyl ether methacrylate (EGMA), or any combination thereof, and optionally from about 1 wt.% to about 20 wt.% of a hydrophobic monomer selected from methyl methacrylate (MMA), isobornyl methacrylate (IBM), or 2-hydroxybutyl methacrylate (HOB) or any combination thereof.

4. The silicone hydrogel contact lens of claim 1, wherein the polymeric lens body is a reaction product of a polymerisable composition that comprises a first siloxane having the structure represented by Formula (II),



Formula (II)

and a second siloxane having the structure represented by Formula (III),



Formula (III).

5. The silicone hydrogel contact lens of claim 1 loaded with from 10 µg to 1000 µg, preferably from 25 µg to 250 µg of the 2-oleoyl phospholipid.

6. The silicone hydrogel contact lens of claim 1, wherein when immersed in a release media comprising artificial tear solution containing 50 ppm $sPLA_2$ at 35 °C, the contact lens sustains the release of at least 0.1 µg/hr oleic acid for at least 4 hours, such as for at least 8 hours, optionally for at least 10 hours.

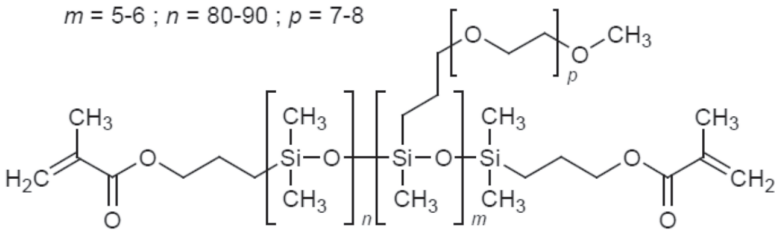
7. An unworn silicone hydrogel contact lens sealed in a package, the contact lens comprising a polymeric lens body loaded with at least 10 µg of a 2-oleoyl phospholipid, wherein the 2-oleoyl phospholipid is a phosphatidylserine, a phosphatidylethanolamine, a phosphatidylinositol, or a phosphatidylglycerol.

8. The silicone hydrogel contact lens of claim 7, wherein the 2-oleoyl phospholipid is selected from DOPG, DOPS and DOPE.

9. The silicone hydrogel contact lens of claim 7, wherein the polymeric lens body is a reaction product of a polymerizable composition comprising from 25 wt.% to 55 wt.% of a

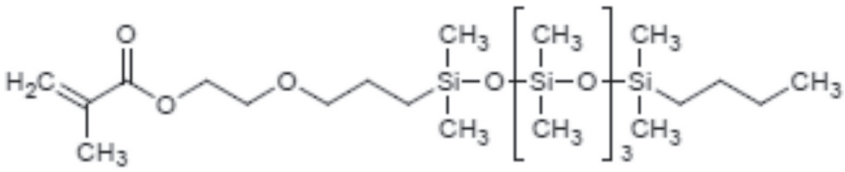
siloxane monomer, from 30 wt.% to 55 wt.% of a vinyl monomer selected from N-vinyl pyrrolidone, N-vinyl-N-methyl acetamide, or combinations thereof, and optionally from about 1 wt.% to about 20 wt.% of a hydrophilic monomer selected from N,N-dimethylacrylamide (DMA), 2-hydroxyethyl methacrylate (HEMA), ethoxyethyl methacrylamide (EOEMA), or ethylene glycol methyl ether methacrylate (EGMA), or any combination thereof, and optionally from about 1 wt.% to about 20 wt.% of a hydrophobic monomer selected from methyl methacrylate (MMA), isobornyl methacrylate (IBM), or 2-hydroxybutyl methacrylate (HOB) or any combination thereof.

10. The contact lens of claim 7, wherein the polymeric lens body is a reaction product of a polymerisable composition that comprises a first siloxane having the structure represented by Formula (II),



Formula (II)

and a second siloxane having the structure represented by Formula (II),



Formula (III).

11. The contact lens of claim 7 loaded with from 10 µg to 1000 µg, preferably from 25 µg to 250 µg of the 2-oleoyl phospholipid.

12. The contact lens of claim 7, wherein when immersed in a release media comprising artificial tear solution containing 50 ppm $sPLA_2$ at 35 °C, the contact lens sustains the release of at least 0.1 µg/hr oleic acid for at least 4 hours, such as for at least 8 hours, optionally for at least 10 hours.