**CLAIMS**

1. A seat (10) for a land vehicle comprising at least one damping member (1) including at least one strap (5), characterized in that each strap:
(a) has an absorption means;
(b) includes a first engagement point (2) and a second engagement point (2);~~A damping member (1) which has at least two engagement points (2), characterized in that the damping member (1) has an absorption means which has an elastic action, in that fastening elements (3) are arranged on the damping member (1), and~~
(c) is fastenable to a wall of the vehicle at the first engagement point (2);
(d) is fastened to the seat at the second engagement point (2);
~~in that the damping member (1)~~
(e) is of deformable design and has an elastic action up to a maximum action of force, without deformation~~ of the damping member (1) being implemented, characterized in that~~; and
(f) ~~the damping member (1)~~ is deformed at the absorption means only starting from ~~a certain exerted force~~the maximum action of force~~ limit and is not deformed below this force limit and that the damping member (1) is deformed starting from the maximum action of force~~.

~~2. The damping member (1) as claimed in claim 1, characterized in that the absorption means is designed as material of the damping member (1).~~

~~3. The damping member (1) as claimed in any one of claims 1 or 2, characterized in that the damping member (1) is integrated into at least one strap (5).~~

~~4. The damping member (1) as claimed in claim 3, characterized in that the strap (5) is fastened to the wall of a vehicle and/or to a vehicle seat at its engagement points (2).~~

~~5. The damping member (1) as claimed in any one of claims 1 to 4, characterized in that the fastening elements (3) are designed for mounting on walls.~~

~~6~~2. The seat (10) of claim 1~~damping member (1) as claimed in any one of claims 1 to 5~~, characterized in that the absorption means of each strap consists of at least two layers which lie one above the other.

~~7~~3. The ~~damping member (1)~~seat (10) as claimed in any one of claims 1 to ~~6~~2, characterized in that the ~~damping member~~absorption means of each strap has seams (4) which cause the deformation of the ~~damping member~~strap by way of tearing.

~~8. The damping member (1) as claimed in any one of claims 1 to 7, characterized in that the fastening elements (3) are arranged at the engagement points (2).~~

~~9. A seat (10) for a land vehicle, characterized in that the seat (10) comprises at least one damping member (1) as claimed in any one of claims 1 to 8.~~

~~10. The seat (10) as claimed in claim 9, characterized in that the damping member (1) is arranged between the seat (10) and a wall of the land vehicle.~~

~~11. The seat (10) as claimed in claim 9 or claim 10, characterized in that the seat (10) comprises at least one strap (5) and at least one damping member (1) is integrated into the strap (5).~~