CLAIMS

What is claimed is:

1. A method of forming a soft gel dosage form, comprising:

providing two sheets of a gelatin composition, said gelatin composition containing gelatin in an amount of about 55% w/w;

aligning the two sheets; and

sealing edges of the two sheets together forming a seam having cross-linked gelatin across the seam, and disposing an emulsified fill composition between the two sheets prior to completely sealing the edges of the two sheets.

2. The method of claim 1, further comprising curing the soft gel by drying the soft gel.

3. The method of claim 1, wherein said fill composition comprises a micronized magnesium salt disposed in an emulsion of medium-chain triglycerides and a phosphatidyl choline solution.

4. The method of claim 1, wherein the sealing of the edges of the two sheets includes sealing the edges of the two sheets at a selected temperature adapted to allow the formation of the cross-linked gelatin across the seam.

5. The method of claim 3, wherein said micronized magnesium salt is selected from the group consisting of one or more of magnesium glycinate, magnesium ascorbate, magnesium chloride, magnesium sulfate, magnesium orotate, magnesium citrate, magnesium fumarate, magnesium malate, magnesium succinate, magnesium tartrate and magnesium carbonate.

6. The method of claim 1, wherein the providing of the two sheets of the gelatin composition includes providing the two sheets of the gelatin composition containing glycerin in an amount of about 14% w/w .

7. The method of claim 6, wherein the providing of the two sheets of the gelatin composition includes providing the two sheets of the gelatin composition containing sorbitol or sorbitan in an amount of about 14% w/w.

8. The method of claim 7, wherein the providing of the two sheets of the gelatin composition includes providing the two sheets of the gelatin composition containing purified water in an amount of about 12% w/w .

9. The method of claim 8, wherein the providing of the two sheets of the gelatin composition includes providing the two sheets of the gelatin composition containing caramel in an amount of about 2% w/w.

10. A method of forming a soft gel dosage form, comprising:

micronizing an anhydrous magnesium salt into a powder having a heterogeneous particle size;

suspending the micronized anhydrous magnesium salt in an emulsion forming a fill composition, wherein said fill composition includes the micronized anhydrous magnesium salt in about 294.4 mg of medium-chain triglycerides and about 225 mg of a phosphatidyl choline solution;

disposing the fill composition between two sheets of a gelatin composition; and

sealing edges of the two sheets together forming a seam having cross-linked gelatin across the seam to form the soft gel.

11. The method of claim 10, further comprising curing the soft gel by drying the soft gel.

12. The method of claim 10, wherein the sealing of the edges of the two sheets includes sealing the edges of the two sheets at a selected temperature adapted to allow the formation of the cross-linked gelatin across the seam.

13. The method of claim 10, wherein the suspending of the micronized anhydrous magnesium salt in the emulsion includes suspending about 680.8 mg of the micronized anhydrous magnesium salt in the emulsion.

14. The method of claim 10, wherein said magnesium salt is selected from the group consisting of one or more of magnesium glycinate, magnesium ascorbate, magnesium chloride, magnesium sulfate, magnesium orotate, magnesium citrate, magnesium fumarate, magnesium malate, magnesium succinate, magnesium tartrate and magnesium carbonate.

15. The method of claim 10, further comprising providing the two sheets of the gelatin composition.