

100

A terminal device determines at least one target discontinuous reception (DRX) indication signal among multiple DRX indication signals and/or a time-frequency resource position occupied by the at least one target DRX indication signal, wherein the at least one target DRX indication signal is used for instructing the terminal device to perform a target behavior in one DRX cycle after receiving the at least one target DRX indication signal

S110

The terminal device detects a DRX indication signal sent by a network device according to the at least one target DRX indication signal and/or the time-frequency resource position occupied by the at least one target DRX indication signal

S120

FIG. 1

200

A network device determines at least one target discontinuous reception (DRX) indication signal among multiple DRX indication signals and/or a time-frequency resource position occupied by the at least one target DRX indication signal, wherein the at least one target DRX indication signal is used for instructing a terminal device to perform a target behavior in one DRX cycle after receiving the at least one target DRX indication signal

S210

The network device sends one target DRX indication signal of the at least one target DRX indication signal to the terminal device according to the at least one target DRX indication signal and/or the time-frequency resource position occupied by the at least one target DRX indication signal

S220

FIG. 2

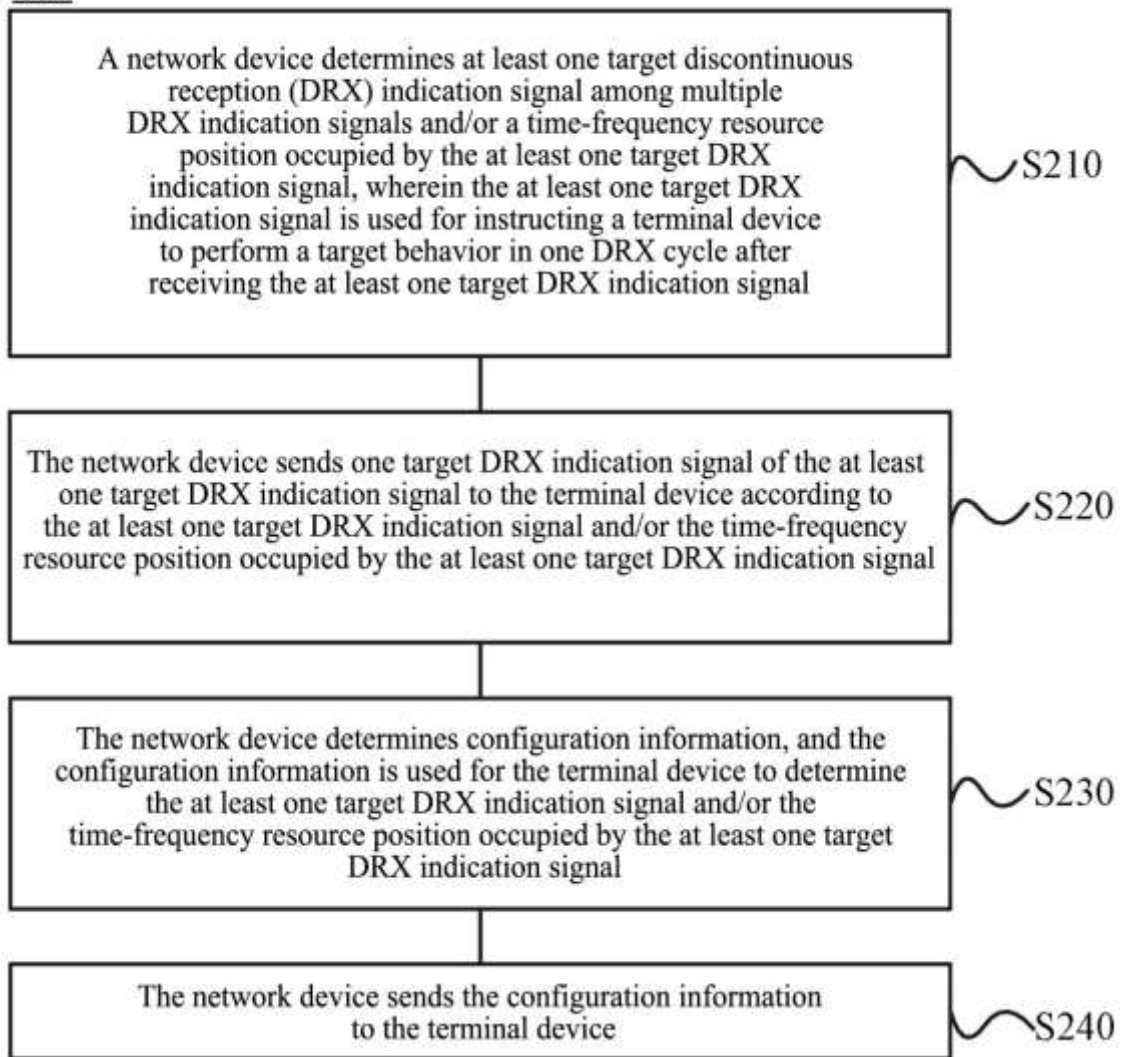
200

FIG. 3

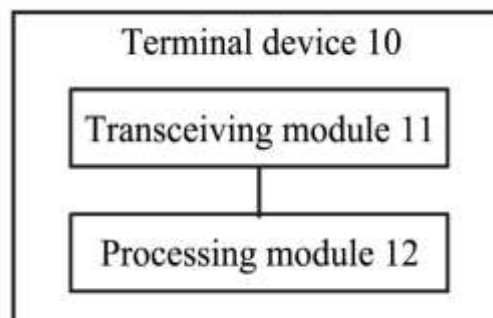


FIG. 4

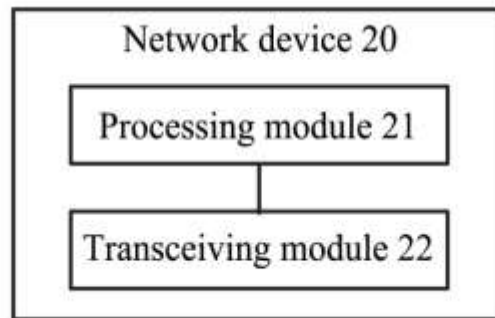


FIG. 5

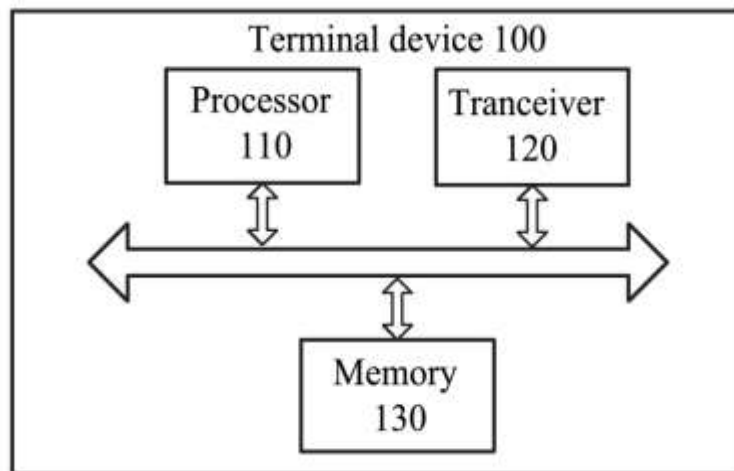


FIG. 6

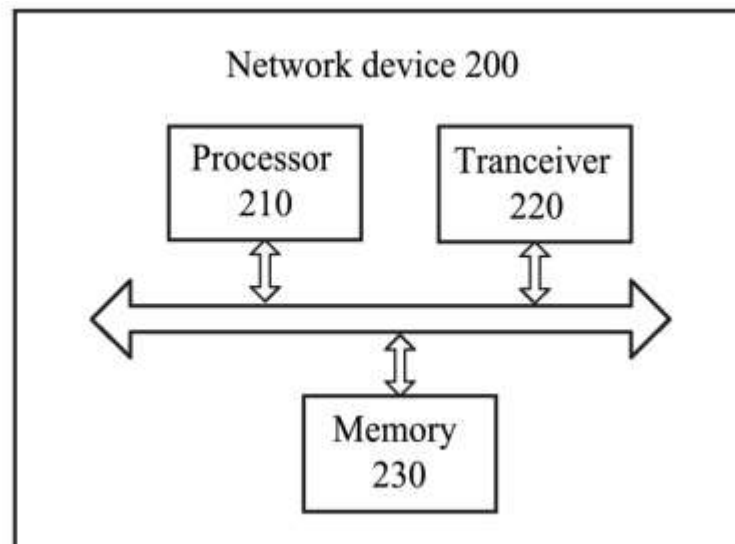


FIG. 7