

ABSTRACT

A composition for food products including a component (A):
pregelatinized crosslinked starch (excluding pregelatinized
5 acetylated crosslinked starch, pregelatinized etherified
crosslinked starch, and pregelatinized acetylated etherified
crosslinked starch), and a component (B): one or two types selected
from the group consisting of guar gum and xanthan gum, in which a
content of the component (A) is equal to or more than 5% by mass and
10 equal to or less than 70% by mass with respect to an entire composition,
and a content of the component (B) is equal to or more than 10% by
mass and equal to or less than 40% by mass with respect to the entire
composition.