

ABSTRACT

A heating implement (1) for body of the present embodiment includes a first sheet (11) having air-permeability; a second sheet (12); a heating element (13), intermediately arranged between the first sheet (11) and the second sheet (12) and containing an oxidizable metal and a carbon component; and a first adhesive layer (14) and a second adhesive layer (15) provided in one of external surfaces of the first sheet (11) which is applied to a wearer side, in which a region without adhesive layer, in which none of the first adhesive layer (14) and the second adhesive layer (15) is disposed, is provided in at least a part of an external circumference section of the first sheet (11), the following relations (a) and (b) are satisfied, and the heating implement is perfumed with a fragrance:

(a) a mass ratio of a content of the fragrance to a content of the carbon component in the aforementioned heating implement (fragrance/carbon component) is equal to or higher than 0.2 and equal to or lower than 0.52; and

(b) the content of the carbon component in the aforementioned heating implement is equal to or larger than 0.89 mg/cm².