

ABSTRACT**A METHOD FOR DETERMINING AND PREDICTING HEALTH CONDITIONS
AND SYSTEM THEREOF**

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The present invention discloses a method for determining and predicting the health conditions of at least one user. The method comprises the steps of: receiving health information in real time through wearable electronic devices (201); establishing baseline patterns to identify abnormal patterns in real time; triggering a chatbot (600) using
10 language models and machine learning algorithms to collect emotional information upon detection of abnormal patterns; classifying health and emotional information into different categories of current physiological conditions using trained models; estimating possible developments of these conditions to determine future physiological conditions; generating a multi-dimensional chart (610) with color-coded zones to represent various outcomes of
15 current and future conditions; and generating proposed actions for the user to progress towards a desired zone on the chart (610).

(FIG. 2)