WHAT IS CLAIMED IS:

~~1. A sirtuin-1 activation agent comprising:~~

~~an extract of a kiwifruit and/or *Cordyline fruticosa* as an active ingredient.~~

~~2~~1. A skin cosmetic for activating sirtuin 1, which is mixed with an extract of a kiwifruit fruit part and/or *Cordyline fruticosa*~~.~~ leaf part,

wherein the extract is obtained by using one solvent or a mixed solvent of two or more selected from water, lower aliphatic alcohols having 1 to 5 carbon atoms, lower aliphatic ketones having 3 carbon atoms and polyhydric alcohols having 2 to 5 carbon atoms as an extraction solvent.

~~3. According to the agent of claim 1, the extract of a kiwifruit and/or *Cordyline fruticose* increases activation of sirtuin-1 gene about 1.6 times or more.~~

~~4. According to the agent of claim 1, a concentration of the extract of a kiwifruit and/or *Cordyline fruticose* required for activation of sirtuin-1 gene is lower than a concentration of NMN(Nicotine amide mononucleotide) solution required for activation of the sirtuin-1 gene.~~

~~5. According to the agent of claim 1, the extract of a kiwifruit is an extract extracted from a kiwifruit having a sugar content in a range of 3.0 % to 7.0 % and long diameter in a range of 1 cm to 4 cm.~~

~~6. According to the agent of claim 1, the extract of *Cordyline fruticose* is an extract extracted from leaves of *Cordyline fruticose*.~~

~~7. According to the skin cosmetic of claim 2, the extract of a kiwifruit and/or *Cordyline fruticose* increases activation of sirtuin-1 gene about 1.6 times or more.~~

~~8. According to the skin cosmetic of claim 2, a concentration of the extract of a kiwifruit and/or *Cordyline fruticose* required for activation of sirtuin-1 gene is lower than a concentration of NMN(Nicotine amide mononucleotide) solution required for activation of the sirtuin-1 gene.~~

~~9. According to the skin cosmetic of claim 2, the extract of a kiwifruit is an extract extracted from a kiwifruit having a sugar content in a range of 3.0 % to 7.0 % and a long diameter in a range of 1 cm to 4 cm.~~

~~10. According to the skin cosmetic of claim 2, the extract of *Cordyline fruticose* is an extract extracted from leaves of *Cordyline fruticose*.~~