

PLATE-FORM OILY FOOD PRODUCT

Abstract

5 An object of the present invention is to provide a plate-shaped oily food product that can
be used in the adherence of baked confectioneries to achieve suppressed stickiness, detachment,
and displacement in the production and distribution processes by adhering the baked
confectioneries with the plate-shaped oily food product interposed therebetween, and a
composite confectionery containing the plate-shaped oily food product. The problems to be
10 addressed by the present invention can be solved by using a tempering-type plate-shaped oily
food product containing an oil and/or fat A having specific ranges of an iodine value, a saturated
fatty acid content, and an S3-type triglyceride content, the plate-shaped oily food product
containing, in oil and/or fat components, from 50 to 80 wt.% of an SUS-type triglyceride and
from 8.5 to 24 wt.% in total of SU2-type and U3-type triglycerides.