

ABSTRACT

A method of unloading a plurality of containers in a container carrier according to an embodiment of the present disclosure includes loading a portion of the plurality of containers into one of the plurality of cargo
5 holds, introducing one of the plurality of container loading assist devices into a guide path and mounting the one of the plurality of container loading assist devices onto the one of the plurality of cargo holds, and loading another portion of the plurality of containers on top of the one of the plurality of container loading assist devices.

10

FIG. 40