

ABSTRACT

The present application relates to a sidelink communication method and device. The sidelink communication method comprises: when a first terminal performs sidelink communication with a destination address on the basis of a sidelink, determining whether to ignore limit of sidelink discontinuous reception (DRX). According to the present application, a terminal performs sidelink communication by means of sidelink DRX not in all cases, but determines, according to actual situations, whether to ignore limit of sidelink DRX. On the one hand, unnecessary data delay caused by sidelink DRX can be avoided; on the other hand, data loss caused by mismatch between a transmitter and a receiver in use of sidelink DRX can also be avoided.

FIG. 1