ABSTRACT FREEZER AND AIR CONDITIONER

The control width can be expanded when the evaporating ability of the evaporator is controlled by the expansion valve in a refrigerating apparatus and air conditioner provided with a refrigerant circuit that has an evaporator configured so that refrigerant flows in from below and flows out from above. The air conditioner (1) has a refrigerant circuit (12) and a first oil returning circuit (101). The refrigerant circuit (12) has a structure in which a plurality of utilization refrigerant circuits (12a, 12b, 12c) configured by the interconnection of a utilization heat exchanger and a utilization expansion valve are connected to a heat source refrigerant circuit (12d) configured by the interconnection of a compression mechanism (21), a heat source heat exchanger (23) configured so that refrigerant flows in from below and flows out from above when the heat source heat exchanger functions as an evaporator, and a heat source expansion valve (24); and uses a combination of refrigerating machine oil and refrigerant that does not separate into two layers in a temperature range of 30°C or below. The first oil returning circuit (101) is connected to a lower portion of the heat source heat exchanger (23) and returns the refrigerating machine oil accumulated inside the heat source heat exchanger (23) to the compression mechanism (21) together with the refrigerant.