

PERIODONTAL BACTERIAL GROWTH INHIBITOR, ORAL HYGIENE PRODUCT,  
AND FOOD AND DRINK

ABSTRACT

A periodontal bacterial growth inhibitor contains as an active ingredient a *Macaranga tanarius* extract extracted from  
5 *Macaranga tanarius* with an extraction solvent including at least an organic solvent. Alternatively, the periodontal bacterial growth inhibitor contains as an active ingredient at least one selected from nymphaeol-A, nymphaeol-B, and  
10 nymphaeol-C. The periodontal bacterial growth inhibitor is used by being blended to, for example, an oral hygiene product or a food and drink.