Claims

[Claim 1]

Instant noodles containing magnesium chloride, potassium lactate, sodium chloride and a raw material powder,

wherein the magnesium chloride is contained in an amount of 0.05 to 1.50% by weight and the potassium lactate is contained in an amount of 0.10 to 2.50% by weight in a total amount of the instant noodles,

wherein the weight ratio of sodium chloride to a salty taste component is 0.55 to 0.80, and

wherein the salty taste component represents magnesium chloride, potassium lactate, and sodium chloride that are contained in the instant noodles.

[Claim 2]

The instant noodles according to claim 1, wherein the magnesium chloride is contained in an amount of 0.10 to 0.70% by weight in the total amount of the instant noodles.

[Claim 3]

The instant noodles according to claim 1 or 2, wherein the potassium lactate is contained in an amount of 0.20 to 1.50% by weight in the total amount of the instant noodles.