Claims

[Claim 1]

A method for producing instant noodles, comprising the following steps 1 to 4 in this order:

the step 1 of producing noodle dough by kneading a raw material powder, water, sodium chloride and kansui;

the step 2 of producing noodle strings from the noodle dough;

the step 3 of gelatinizing the noodle strings; and

the flavoring step 4 of adding magnesium chloride to the noodle strings.

[Claim 2]

The method for producing instant noodles according to claim 1, wherein the raw material powder contains gluten.