

DRUG DELIVERY SYSTEMS AND METHODS FOR TREATMENT OF BLADDER VOIDING DYSFUNCTION AND OTHER LOWER URINARY TRACT DISORDERS BY USING TROSPIMUM

Cross-Reference to Related Applications

This application claims priority to U.S. Provisional Patent Application No. 61/702,576, filed September 18, 2012, which is incorporated herein by reference in its entirety.

Background

Lower urinary tract disorders, including overactive bladder, detrusor instability, and urinary incontinence can arise from numerous pathologies. These pathologies are commonly classified as neuropathic, myogenic, or idiopathic. The majority of patients usually are characterized as idiopathic due to the lack of observable disease etiology.

Recent studies (Kim, et al., *Urology*, 65(2):238-42 (2005); Kim, et al., *BJU Int'l*, 97(2):400-03 (2005)) have suggested the sensory system of the urothelium may play an important role in afferent signaling and detrusor activity. Pathologies of this system have been suggested to play a significant role in many patients with lower urinary tract idiopathic disease.

Standard drug therapies for patients with idiopathic lower urinary tract disorders are systemic treatments typically administered orally or trans-dermally. These therapies often lack adequate efficacy due to either dose limiting side effects, low potency, or both.

Currently patients failing systemic drug therapy have only two alternatives. The first alternative is Botox injections directly into the bladder wall, which may provide symptom relief, but which also undesirably can produce prolonged urinary retention requiring self-catheterization. The second alternative is neurosacral stimulation as produced by the InterStim® device which is surgically implanted and shown to provide symptomatic relief. However, the equipment and surgical procedure is expensive, highly invasive, and carries a 30% adverse event rate requiring corrective surgeries or removals.

Recent studies have suggested that intravesical administration of anti-muscarinic agents produces a different pharmacological response compared to systemic therapy (Kim, et al., *Urology*, 65(2):238-42 (2005); Kim, et al., *BJU Int'l*, 97(2):400-03 (2005)). These

results have been primarily based on animal studies in which muscarinic agonists, for example carbachol, are used to stimulate urothelial activity to mimic sensory dysfunction.

In one of these studies (Kim, et al. *Urology*, 65(2):238-42 (2005)), antimuscarinic agents were instilled intravesically in two protocols—high dose and low dose. For the high dose (167 µg/mL) protocol, 300 µM atropine sulfate, 420 µM oxybutynin chloride, 410 µM dimethindene maleate were administered. These doses, except for dimethindene, were based on reported clinical trials that intravesically instilled these agents. Dimethindene was used for experimental purposes only. For the low dose (0.1 and 0.5 µg/mL) protocol, dimethindene, oxybutynin, tolterodine, and trospium were administered. These doses—0.1 and 0.5 µg/mL—were based on the excreted urine concentration of trospium in humans after receiving a steady-state oral dose of 40 mg/24 hours.

Based on carbachol antagonism (carbachol 30 µM (M₁, M₂, M₃, AChR_{α2} agonist)), this study suggested that there are no significant differences among antimuscarinics when administered intravesically despite differences in chemical structure, muscarinic receptor selectivity, and potency. Within the low dose protocol, the intercontraction interval ratio to baseline data revealed that dimethindene, oxybutynin, tolterodine, and trospium all performed similarly.

In a related study (Kim, et al., *BJU Int'l*, 97(2):400-03 (2005)), human volunteers collected urine after taking oral therapeutic doses of trospium (20 mg, twice daily), tolterodine LA (4 mg, once daily), or oxybutynin XL (10 mg, once daily) for 5 days. The human urine was then infused into the bladders of rats to test the effects of antimuscarinics excreted into the urine on normal bladder activity. Although the data indicated that trospium had a more positive effect on bladder capacity and intercontraction interval than oxybutynin and tolterodine, this discrepancy was caused by the fact that 60-80 % of the active parent compound of trospium chloride was excreted in the human's urine while < 5 % of the active compound of oxybutynin or tolterodine was excreted in the human's urine.

The urothelial sensory system is comprised of numerous receptors and signaling pathways, many of which exhibit significant “cross talk”. Due to the complexity of the urothelial sensory system, selective agents, such as darifenasin, may not adequately modulate urothelial sensory activation following nonspecific noxious stimuli. Similarly, non-specific agents, such as oxybutynin which exhibits antimuscarinic and calcium channel

activity, do not inhibit urothelial response as measured by intercontraction intervals but can lead to urinary retention.

Accordingly, there remains a need for more and better treatment options for lower urinary tract disorders, including overactive bladder, detrusor instability, and urinary incontinence. Desirably, such treatments would address one or more of the problems associated with systemic administration of drugs and with highly invasive and expensive surgical procedures. Desirably, the treatment would also avoid or lessen the need for painful injections and repeated self-catheterization.

Brief Summary

In one aspect, the present invention refers to use of trospium in the manufacture of a medicament for the treatment of bladder dysfunction in a patient, wherein the medicament is to be locally administered into the bladder of a patient to achieve a sustained concentration of trospium in urine in the bladder sufficient to produce a continuous therapeutic concentration of trospium in bladder tissue, wherein the medicament is to be administered at a mean average amount of from 0.075 mg/day to 150 mg/day of trospium for a treatment period from 1 day to 180 days, wherein the sustained concentration of trospium in urine in the bladder is from 0.05 µg/ml to 100 µg/ml continuously over the treatment period. In yet another aspect, the present invention refers to a medical device comprising a housing configured for intravesical insertion; and a dosage form comprising trospium or a pharmaceutically acceptable salt of trospium, wherein the housing holds the dosage form and is configured to release the trospium into the bladder in an amount sufficient to produce a continuous concentration of trospium in urine in the bladder of from 0.05 µg/ml to 100 µg/ml over a treatment period of at least 1 day for the treatment of bladder dysfunction. In one example, a medicament is provided which

includes trospium for use in the treatment of bladder dysfunction by locally administering the trospium into the bladder of a patient to achieve a sustained concentration of trospium in urine in the bladder sufficient to produce a therapeutic concentration of trospium in bladder tissue. In examples of the medicament, the trospium is in the form of trospium chloride or
5 another pharmaceutically acceptable salt of trospium. The locally administering into the patient's bladder is at a mean average amount of from 0.075 mg/day to about 150 mg/day of trospium for a treatment period of up to 180 days. In an example, the locally administering into the patient's bladder is at a mean average amount of 0.15 mg/day to 15 mg/day of trospium. In some examples, the treatment period is from 1 day to 90 days or from 1 day to
10 60 days.

In a particular example, the trospium is delivered into the bladder from an intravesical drug delivery device which releases trospium into the urine in the bladder over the treatment period. The device may release the trospium continuously over the period. In one example, the intravesical drug delivery device includes a housing which contains and
15 controllably releases the trospium and which is elastically deformable between a retention shape configured to retain the device in a patient's bladder and a deployment shape for passage of the device through the patient's urethra. The trospium contained in the housing may be in a non-liquid form, such as tablets, granules, semisolids, capsules, or combinations thereof.

20 In another example, the trospium is delivered to the bladder from a coating substance, such as a mucoadhesive formulation, applied onto the bladder wall, wherein the coating substance continuously releases trospium into the urine in the bladder over a

sustained period. In still another example, the step of locally administering includes pumping a liquid form of the trospium into the bladder through a urethral catheter which is deployed into the bladder.

5 In another example, a method is provided for administering trospium to a patient in need of treatment of bladder dysfunction. The method includes locally administering trospium into the bladder of a patient to achieve a sustained concentration of trospium in urine in the bladder sufficient to produce a therapeutic concentration of trospium in bladder tissue. The method may further include administering a second therapeutic agent to the patient. The second therapeutic agent may also be administered intravesically or it may be administered by other routes.

10 In another example, there is provided the use of trospium in the manufacture of a medicament for the treatment of bladder dysfunction in a patient, wherein the medicament is to be locally administered into the bladder of a patient to achieve a sustained concentration of trospium in urine in the bladder sufficient to produce a therapeutic concentration of trospium in bladder tissue.

15 In yet another example, a drug delivery device is provided which is configured to release trospium when the drug delivery device is inserted into the bladder. In one embodiment, the device includes a housing configured for intravesical insertion, and a dosage form which comprises a pharmaceutically acceptable salt of trospium, wherein the housing holds the dosage form and is configured to release the trospium into the bladder in amount therapeutically effective for the treatment of bladder dysfunction. In one example, the device is configured to release a mean
20 average amount of from 0.075 mg/day to about 150 mg/day of trospium for a treatment period of up to 180 days. For example, the device may be configured to release at a mean average amount of 0.15 mg/day to 15 mg/day of trospium. In some embodiments, the treatment period is from 1 day to 90 days or from 1 day to 60 days.

25 In some examples, the bladder dysfunction is selected from urinary frequency, urgency, nocturia, urge-incontinence associated with detrusor instability, urge syndrome, and detrusor hyperreflexia.

Brief Description of the Drawings

FIGS. 1A-1B illustrate one embodiment of an intravesical drug delivery device that may be used for administering trospium as described herein.

30 **FIGS. 2A-2B** illustrate another embodiment of an intravesical drug delivery device that may be used for administering trospium as described herein.

FIGS. 3A-3C illustrate still another embodiment of an intravesical drug delivery device that may be used for administering trospium as described herein.

FIGS. 4A-4B illustrate a method of inserting an intravesical drug delivery device into the bladder of a patient for local administration of trospium as described herein.

FIG. 5A illustrates a material applied to the inner surface of the bladder wall for local administration of trospium as described herein.

5 **FIG. 5B** illustrates a method of applying a coating material onto to the inner surface of the bladder wall for local administration of trospium as described herein.

FIG. 6 illustrates a method of applying a liquid drug or drug formulation into the bladder.

10 **FIGS. 7A-7F** illustrate the baseline pressure and inter-contraction intervals observed after administering tolterodine, oxaliplatin, and trospium.

Detailed Description

Trospium has been discovered to uniquely effect both detrusor activity and urothelium sensory function as measured by intercontraction interval when administered intravesically. In contrast, comparator agents such as oxybutynin and tolterodine only
15 impact detrusor activity. Intercontraction interval is a measure of the time between bladder contractions (which may or may not lead to micturition). The frequency of these contractions is a measure of urothelial sensory signaling activity. The unique property of trospium on urothelial sensory function when administered intravesically advantageously limits systemic exposure and adverse effects.

20 Although previous studies have shown no substantial differences among trospium, oxybutynin, and tolterodine, it has now been discovered that trospium does exhibit a unique urodynamic profile when administered intravesically. As detailed in **Example 2** below, this was observed when a noxious agent, for example acetic acid, is exposed to the urothelium which produces a generalized local irritation that is more representative of actual lower
25 urinary disease conditions. Specifically, trospium was observed to increase intercontraction interval, a measure of urothelial sensory activity, at or below intravesical concentrations of commonly used agents including oxybutynin and tolterodine, neither of which altered intercontraction interval. Further, unlike oxybutynin, which is a nonspecific agent, interacting with both muscarinic and non-muscarinic receptors, trospium exhibited
30 normalized urothelial sensory function at intravesical concentration that did not produce urinary retention or significant systemic exposure.

Urothelial sensory dysfunction may also cause symptoms of urinary urgency in patients with interstitial cystitis and urethra dysfunction (pelvic floor dysfunction, urethral dysfunction). Accordingly, intravesical trospium may also have use in treating a variety of lower urinary tract disorders. In various embodiments, trospium is used to treat one or more of the following conditions: urinary frequency, urgency, nocturia, urge-incontinence associated with detrusor instability, urge syndrome, and detrusor hyperreflexia.

Trospium is a muscarinic receptor antagonist. It is known for use in the treatment of overactive bladder, where it is formulated for oral administration, e.g., SancturaTM (Allergan). As with other oral muscarinic receptor antagonists, patients often experience dose limiting side effects or inadequate efficacy. In the present invention, the trospium is formulated for local delivery. It may be provided in solid or semi-solid form or in a liquid form, depending on the delivery mechanism employed, as described herein. In a preferred embodiment of the methods, devices, and systems described herein, the trospium is provided in the form of a pharmaceutically acceptable salt of trospium. In a particular embodiment, the pharmaceutically acceptable salt of trospium is trospium chloride. Other suitable forms of trospium are also envisioned, including but not limited to polymorphs, hydrates, etc.

A variety of methods can be used to achieve the required urine concentrations of the drug. In one embodiment, the drug can be provided by direct instillation of a simple solution into the bladder. For example, a solution of the drug may be pumped into the bladder through a urethral or suprapubic catheter in a continuous or pulsatile manner over the treatment period. In another embodiment, the drug is released from a device or composition deployed in the bladder, wherein the device or composition releases the drug (continuously or intermittently) at a rate effective to produce the desired concentration of drug in the urine over a specified treatment period. For example, the drug may be released from an intravesically-inserted device into the bladder and then the drug diffuses to drug receptors located at the luminal wall of the urothelium and throughout the bladder wall. At the end of the treatment period, the device may be retrieved from the bladder, or it may be eliminated by being resorbed, dissolved, excreted, or a combination thereof.

In a preferred embodiment, the drug is administered from an intravesically deployed drug delivery device. Preferred examples of intravesical drug delivery devices and methods of deploying those devices into the bladder are described in the following U.S. Patent Application Publications: US 2012/0203203 (Lee et al.); US 2012/0089122 (Lee et al.); US

2012/0089121 (Lee et al.); US 2011/0218488 (Boyko et al.); US 2011/0202036 (Boyko et al.); US 2011/0152839 (Cima et al.); US 2011/0060309 (Lee et al.); US 2010/0331770 (Lee et al.); US 2010/0330149 (Daniel et al.); US 2010/0003297 (Tobias et al.); US 2009/0149833 (Cima et al.); and US 2007/0202151 (Lee et al.).

5 In embodiments in which the trospium is delivered from an intravesical drug delivery device, the drug may be housed in the device in various forms, which may depend on the particular mechanism by which the device controllably releases the drug into fluid (e.g., urine) in the bladder. In some embodiments, the drug is provided in a solid, semi-solid, or other non-liquid form, which advantageously may facilitate stable storage of the
10 drug before the device is used and advantageously may enable the drug payload of the device to be stored in smaller volume than would be possible if the drug were housed in the form of a liquid solution. In an embodiment, the non-liquid form is selected from tablets, granules, semisolids, capsules, and combinations thereof. In one embodiment, the trospium is in the form of a plurality of tablets, such as mini-tablets. In other embodiments, the drug
15 may be housed in a liquid form, such as in a solution with a pharmaceutically acceptable excipient.

An embodiment of a drug delivery device **100** is illustrated in **FIG. 1A**. The device **100** includes a water-permeable body having a drug reservoir portion **102** and a retention frame portion **104**. In **FIG. 1**, the device **100** is shown in a relatively expanded shape suited
20 for retention in the body. Following deployment into the body, the device **100** may assume the relatively expanded shape to retain the drug delivery device in the body cavity or lumen.

For the purposes of this disclosure, terms such as “relatively expanded shape”, “relatively higher-profile shape”, or “retention shape” generally denote any shape suited for retaining the device in the intended implantation location, including but not limited to the
25 pretzel shape shown in **FIG. 1** that is suited for retaining the device in the bladder. Similarly, terms such as “relatively lower-profile shape” or “deployment shape” generally denote any shape suited for deploying the drug delivery device into the body, including a linear or elongated shape that is suited for deploying the device through the working channel of catheter, cystoscope, or other deployment instrument positioned in the urethra. In
30 embodiments, the drug delivery device may naturally assume the relatively expanded shape and may be deformed, either manually or with the aid of an external apparatus, into the relatively lower-profile shape for insertion into the body. Once deployed the device may

spontaneously or naturally return to the initial, relatively expanded shape for retention in the body.

In the illustrated embodiment, the drug reservoir and retention frame portions **102**, **104** of the drug delivery device **100** are longitudinally aligned and are coupled to each other along their length, although other configurations are possible. The drug delivery device **100** includes an elastic or flexible device body **106** that defines a drug reservoir lumen **108** (i.e., the drug housing) and a retention frame lumen **110**. The drug reservoir lumen **108** is designed to house a drug formulation, such as a number of solid drug tablets **112**. The retention frame lumen **110** is designed to house a retention frame **114** to form the retention frame portion **104**. The illustrated lumens **108**, **110** are discrete from each other, although other configurations are possible.

As shown in the cross-sectional view of **FIG. 1B**, the device body **106** includes a tube or wall **122** that defines the drug reservoir lumen **108** and a tube or wall **124** that defines the retention frame lumen **110**. The tubes **122**, **124** and lumens **108**, **110** can be substantially cylindrical, with the drug reservoir lumen **108** having a relatively larger diameter than the retention frame lumen **110**, although other configurations can be selected based on, for example, the amount of drug to be delivered, the diameter of the retention frame, and deployment considerations such as the inner diameter of the deployment instrument. The wall **124** that defines the retention frame lumen **110** may extend along the entire length of the wall **122** that defines the drug reservoir lumen **108**, so that the retention frame lumen **110** has the same length as the drug reservoir lumen **108** as shown, although one wall may be shorter than the other wall in other embodiments. The two walls **122**, **124** are attached along the entire length of the device in the illustrated embodiment, although intermittent attachment can be employed.

As shown in **FIG. 1A**, the drug reservoir lumen **108** is loaded with a number of drug units **112** in a serial arrangement. Essentially any number of drug units may be used, for example, depending upon the sizes of the reservoir and the drug units. The drug reservoir lumen **108** includes a first end opening **130** and an opposed second end opening **132**. Once the drug units **112** are loaded, restraining plugs **120** are disposed in the openings **130** and **132**. The restraining plugs **120**, in this embodiment, are cylindrical plugs secured into the entry **130** and the exit **132**. In other embodiments, the openings **130** and **132** are closed off with other structures or materials, which may, depending on the particular embodiments,

include an aperture or a water- or drug-permeable wall to facilitate ingress or egress of water or drug during use.

The retention frame lumen **110** is loaded with the retention frame **114**, which may be an elastic wire. The retention frame **110** may be configured to return spontaneously to a retention shape, such as the illustrated example “pretzel” shape or another coiled shape, such as those disclosed in the applications previously incorporated. In particular, the retention frame **114** may retain the device **100** in the body, such as in the bladder. For example, the retention frame **114** may have an elastic limit and modulus that allows the device **100** to be introduced into the body in a relatively lower-profile shape, permits the device **100** to return to the relatively expanded shape once inside the body, and impedes the device from assuming the relatively lower-profile shape within the body in response to expected forces, such as the hydrodynamic forces associated with contraction of the detrusor muscle and urination. Thus, the device **100** may be retained in the body once implanted, limiting or prevent accidental expulsion.

The material used to form the device body **106**, at least in part, may be elastic or flexible to permit moving the device **100** between deployment and retention shapes. When the device is in the retention shape, the retention frame portion **104** may tend to lie inside the drug reservoir portion **102** as shown, although the retention frame portion **104** can be positioned inside, outside, above, or below the drug reservoir portion **102** in other cases.

The material used to form the device body **106** also is water permeable so that solubilizing fluid (*e.g.*, urine or other bodily fluid) can enter the drug reservoir portion **102** to solubilize the drug units **112** once the device is implanted. For example, silicone or another biocompatible elastomeric material may be used. In other embodiments, the device body may be formed, at least in part, of a water-impermeable material.

FIG. 2A illustrates an implantable drug delivery device **200**, which includes a drug reservoir **2102** loaded with drug **212** and the retention structure includes two filaments **220**, **222** associated with a fastener **230**. As shown, the drug reservoir **202** is an elongated tube that can be deformed between a relatively linear deployment shape, such as the shape shown in **FIG. 2A**, and a relatively circular retention shape, such as the shape shown in **FIG. 2B**.

The drug **212** may be loaded in the tube in a flexible form, so that the drug reservoir **202** can be moved between the two shapes. For example, the drug **212** may be a number of solid drug tablets, a liquid, or a gel. The filaments **220**, **222** may be attached to opposite ends of

the drug reservoir **202** and joined by the fastener **230**. The fastener **230** can be adjusted to adjust the position of one filament **220** with reference to the other **222**, thereby adjusting the position of one end of the drug reservoir **202** with reference to the other end. The device **200** can assume the retention shape by adjusting the filaments **220**, **222** to draw the ends of the drug reservoir **202** closer together, and thereafter the device **200** can be retained in the retention shape by preventing adjustment of the filaments **220**, **222** with the fastener **230**. In such an embodiment, the device **200** is manually adjusted into the retention shape by manually adjusting the filaments **220**, **222** after the device **200** is inserted into the bladder.

In the illustrated embodiment, the fastener **230** is a cinch nut that permits shortening the portion of the filaments **220**, **222** between the drug reservoir ends and the cinch nut, but prevents lengthening of these portions of the filaments **220**, **222**. Thus, the ends of the drug reservoir **202** can be drawn closer together by pulling one or both of the filaments **220**, **222** through the cinch nut, causing the device **200** to assume the retention shape. Once the filaments **220**, **222** have been so adjusted, the cinch nut prevents lengthening of the filaments **220**, **222**, retaining the device in the retention shape. Thus, manually adjusting the device **200** into the retention shape once implanted merely requires pulling one or both of the filaments **220**, **222**, although other fasteners **230** that require separate manipulation can be employed. Other fasteners may also be used.

To remove the device **200**, one or both of the filaments **220**, **222** may be snipped, causing the drug reservoir **202** to return to the deployment shape. Thereafter, the device **200** may be pulled through the urethra. Alternatively, all or a portion of the device **200** can be formed of a bioresorbable (e.g., biodegradable or bioerodible) material. In one case, the degradation of the device is substantial enough that it negates the need for a removal procedure, as the degradation products can be excreted. In another case, the fastener **230**, filaments **220**, **222**, or a portion of the drug reservoir **202** is configured to degrade after a period (e.g., post drug release) to cause a break therein to release the tension holding the device **200** in the retention shape and permitting it to return to the deployment shape for retrieval through the urethra.

Another embodiment of an intravesical drug delivery device is illustrated in **FIGS. 3A-3C**. In this embodiment, the device includes a housing **300** having a single, continuous structure with multiple, discrete drug reservoir lumens **320** and optionally having at least one retention frame lumen **330** in which a retention frame **360** is disposed. Each drug

reservoir lumen **320** has two defined openings, as shown in **FIG. 3B**, and is dimensioned to hold at least one solid drug unit **340**. Solid drug unit **340** may be a drug tablet or capsule. In other embodiments not shown, each drug reservoir lumen has one defined opening. The housing may be formed of a flexible polymer, such as silicone. **FIG. 3B** is a cross-sectional view of the plane that bisects one of the drug reservoir lumens **320** of the housing shown in **FIG. 3A** along line 3B-3B. As shown in **FIG. 3B**, the monolithic housing **300** has two defined openings (**350a**, **350b**) in its drug reservoir lumen **320** that expose both ends of the solid drug unit **340**. The retention frame lumen **330**, in this embodiment, is aligned parallel to the longitudinal axis of the housing and perpendicular to the drug reservoir lumen **320**.

FIG. 3C is a perspective view of a portion of the embodiment of the device **300** shown in **FIG. 3A** when the device is in its retention shape, which is taken when the retention frame **360** is disposed in the retention frame lumen **330**. The drug reservoir lumens **320** and the retention frame **360** in the housing of this embodiment are oriented so that the drug reservoir lumens **320** are outside the retention frame's **360** arc. Alternatively, the housing in **FIG. 3C** can be rotated 180 degrees about the retention frame **360** to yield a configuration in which the drug reservoir lumens **320** are arranged within the retention frame's **360** arc. With this embodiment, the devices provide sufficient direct contact between solid drug units and with urine surrounding the device when deployed and retained in the bladder. In embodiments, release of the drug from the device is controlled by erosion of an exposed portion of the surface of a solid drug unit, such that the rate of drug release from the drug delivery device may be directly proportional to and limited by the total exposed surface area of the solid drug units.

One embodiment of inserting an intravesical device **400** for subsequent controlled release of the tropsium into the bladder is shown in **FIGS. 4A** and **4B**. Here, the device **400** is shown assuming a retention shape as the device exits a deployment instrument **402**. The deployment instrument **402** may be any suitable device. It may be a luminal device, such as a catheter, urethral catheter, or cystoscope. The deployment instrument **402** may be a commercially available device or a device specially adapted for the present drug delivery devices. **FIG. 4B** illustrates the insertion of the device **400** into the bladder, wherein the adult male anatomy is shown by way of example. The deployment instrument **402** is inserted through the urethra to the bladder, and the device **400** may be passed from/through

the deployment instrument 402, driven by a stylet or flow of lubricant or combination thereof until the device 400 exits into the bladder, and as shown is in a retention shape.

In various embodiments, the trospium may be released from the intravesical drug delivery device by diffusion to through a wall of the drug housing, by diffusion to through one or more defined apertures in a wall of the drug housing, by osmotic pressure through an aperture in the drug housing, by erosion of a drug formulation in contact with urine in the bladder, or by a combination thereof.

In embodiments in which the device comprises a drug in a solid form, elution of drug from the device occurs following dissolution of the drug within the device. Bodily fluid enters the device, contacts the drug and solubilizes the drug, and thereafter the dissolved drug diffuses from the device or flows from the device under osmotic pressure or via diffusion. For example, the drug may be solubilized upon contact with urine.

Subsequently, the device may be retrieved from the body, such as in cases in which the device is non-resorbable or otherwise needs to be removed. Retrieval devices for this purpose are known in the art or can be specially produced. The device also may be completely or partially bioresorbable, such that retrieval is unnecessary, as either the entire device is resorbed or the device sufficiently degrades for expulsion from the bladder during urination. The device may not be retrieved or resorbed until some of the drug, or preferably most or all of the drug, has been released. If needed, a new drug-loaded device may subsequently be implanted, during the same procedure as the retrieval or at a later time.

In various embodiments, the intravesical device may release trospium continuously or intermittently to achieve a concentration of trospium in the bladder that produces a sustained, therapeutically effective concentration of trospium over a period from 1 hour to 6 months, for example from 1 hour to 1 month, from 2 hours to 90 days, from 2 hours to 2 weeks, from 6 hours to 60 days, from 6 hours to 1 week, from 24 hours to 30 days, from 24 hours to 14 days, from 24 hours to 72 hours, etc. In one embodiment, the trospium is administered to the bladder for up to 180 days.

In various embodiments, trospium is administered intravesically in a dosage amount from about 0.075 mg/day to about 150 mg/day, such as from 0.15 mg/day to 15 mg/day, from 1 mg/day to 100 mg/day over the treatment period. In other embodiments, trospium is administered intravesically in a dosage amount from about 1 mg/day to about 300 mg/day,

for example from 20 mg/day to 300 mg/day, from 25 mg/day to 300 mg/day, etc. over the treatment period.

In one embodiment, trospium is administered intravesically into the patient's bladder at a mean average amount of from 1 mg/day to 100 mg/day for up to 14 days. In another embodiment, trospium is administered intravesically into the patient's bladder at a mean average amount of from 1 mg/day to 100 mg/day for up to 7 days.

In another embodiment, a coating substance may be intravesically applied to the bladder wall, wherein the coating substance includes the drug and one or more excipient materials that promote adherence of the coating substance to the bladder wall and provides continuous controlled release of the drug over the treatment period. The coating substance may be a mucoadhesive formulation, such as gels, ointments, creams, films, emulsion gels, tablets, polymers, or a combination thereof. Mucoadhesive formulation polymers may include hydrogels or hydrophilic polymers, polycarbophil (i.e. Carbopols, etc.), chitosan, polyvinylpyrrolidone (PVP), lectin, polyethyleneglycolated polymers, celluloses, or a combination thereof. Suitable celluloses include methyl cellulose (MC), carboxymethyl cellulose (CMC), hydroxypropyl cellulose (HPC), or combinations thereof. The coating substance may include a permeation enhancer. Non-limiting examples of permeation enhancers include dimethyl sulfoxide (DMSO), sodium carboxymethyl cellulose (NaCMC), lipids, surfactants, or combinations thereof. In one embodiment, the coating substance may include liposomes or microparticles comprising the drug.

As shown in **FIG. 5A**, a coating substance **500** may be deployed in the bladder **550** so that the coating substance **500** engages the bladder wall **552**. The coating substance may be deployed in the bladder using a deployment instrument. **FIG. 5B** is a sagittal view of a male genitourinary system, illustrating a coating substance **500** being deployed through a deployment instrument **502** into an implantation site. By way of example, the male anatomy is shown and the implantation site is shown as the bladder **550**. The coating substance **500** may be an embodiment of one of the coating substances described herein. The deployment instrument **502** may be any device designed to navigate natural lumens of the body to reach the intended implantation site. For deployment in the bladder **550**, the deployment instrument **502** is sized and shaped for passing through a urethra **560** of a patient to a bladder **550** as shown. The deployment instrument **502** may be a known device, such as a catheter or cystoscope, or a custom device. The deployment instrument **502** is used to

deploy the coating substance **500** into the body and is subsequently removed from the body, leaving the coating substance **500** wholly implanted in the body. Once so implanted, the coating substance **500** may release drug into the body for an extended period. A comparable procedure can be used to deploy any of the devices or drugs described herein into other parts of the body through other natural lumens. For example, as shown in **FIG. 6**, a deployment instrument **602** can be used to deploy a liquid drug or drug formulation **600** into the bladder **650** by passing the deployment instrument **602** through a urethra **660**.

In one embodiment, the coating substance is applied intravesically in combination with an intravesical delivery device. For example, tiroprium may be administered to the bladder both from the coating substance and from the delivery device. In one embodiment, the coating substance provides release of tiroprium over a first portion of a treatment period and the delivery device provides release of tiroprium over a second portion of the treatment period. Such an embodiment may beneficially work better than either alone, in that the coating substance may provide a more immediate delivery of therapeutic levels, while the device may undergo an induction period (e.g., time for water to be imbibed by the device and dissolve drug housed therein) before releasing therapeutic levels of the drug. The first and second portions may overlap.

In various embodiments, a second therapeutic agent is administered to the patient. The second therapeutic agent may be administered intravesically, orally, or by other routes of administration. For example, the second therapeutic agent may include gemcitabine or another cytotoxic agent, an analgesic agent, an anti-inflammatory agent, or a combination thereof. The second therapeutic agent may be selected for treatment of OAB or non-OAB indications. In one embodiment, the second therapeutic agent prevents, treats, or ameliorates cystitis of the bladder. In other embodiments, the second therapeutic agent prevents, treats, or ameliorates bladder cancer or infections of the bladder.

In one embodiment, a first therapeutic agent is administered via a coating substance and a second therapeutic agent is administered by an intravesical drug delivery device. The first and second therapeutic agents may be the same pharmaceutically active agent or different pharmaceutically active agents. In an embodiment, the first and/or second therapeutic agent includes tiroprium.

The term “patient” as used herein refers to humans or other mammals, such as in veterinary or livestock applications. In a particular embodiment, the patient is an adult human.

The present invention may be further understood with reference to the following non-limiting examples.

Example 1: Antimuscarinic Screen in Rat Bladder Perfusion Model

A study was conducted to intravesically perfuse oxybutynin chloride, tolterodine tartrate, or trospium chloride into rats fitted with indwelling bladder and jugular cannulas. The rats were fully mobile post-surgery.

The drugs were perfused at varying rates, concentrations, and times. Serial blood and urine samples were taken, and tissues (bladder, ureter, kidney, and prostate) were sampled to determine drug levels and distribution. Tissue histological exams were completed for safety.

As demonstrated by Table 1, the results indicated that oxybutynin exhibited significantly higher systemic absorption following intravesical administration than either tolterodine or trospium.

Table 1: Antimuscarinic Screen – Plasma Levels

Drug	Urine to Plasma Ratio	Effective Urine Concentration (µg/mL)	Est C _{max} (ng/mL)
Oxybutynin	2,130	1 to 10	0.4 to 4.6
Trospium	15,380	1 to 10	0.06 to 0.7
Tolterodine	31,190	1 to 10	0.03 to 0.3

Consistent with higher systemic exposure, oxybutynin exhibited a low total recovery. Specifically, the estimated intravesical absorption of oxybutynin was 83 % of the intravesical dose. The urine concentration (µg/mL) of oxybutynin was less than 100 from 0-24 hours after exposure and less than 50 from 24-48 hours and 48-72 hours after exposure. In contrast, the recovery of trospium and tolterodine was near the theoretical dose (3.3 mg/day). The urine concentration (µg/mL) of trospium in the urine was more than 200 from 0-24 hours after exposure, about 150 from 24-48 hours after exposure, and more 125 from 48-72 hours after exposure. The urine concentration (µg/mL) of tolteridine in the urine was more than 200 from 0-24 hours after exposure and more than 150 from 24-48 hours and 48-72 hours after exposure.

These results showed stable levels over 72 hours and no adverse effects on the urothelium.

Example 2: Intravesical Pharmacology Screen in Rat Bladder Perfusion Model

Carotid artery and bladder catheterized rats were intravesically perfused with oxybutynin chloride, tolterodine tartrate, or trospium chloride at varying dosages of escalating concentrations with acetic acid. Intercontraction intervals and intravesical pressure were measured during a control periods and treatment periods.

The rats' bladder catheters were connected to a pressure transducer and syringe-pump to allow perfusion. The bladders were perfused (50 μ L/minute) with saline for one hour to obtain stable micturition cycles. The perfusion then was switched to a weak acidic solution sufficient to stimulate the noxious receptors in the urothelium without inducing structural or metabolic damage to the tissue. The acidic solution was comprised of 0.5 % acetic acid exhibiting an average pH of approximately 3.5. A 45 minute baseline was recorded.

The vehicle or antimuscarinic drugs were administered intravesically at escalating concentrations (*see* Table 2 for drugs and concentrations used) with acetic acid instillation (50 μ L/minute). Each dose was administered for a 30-minute period. The intravesical pressure and intercontraction interval was recorded during the last 30 minutes of the control period (baseline) and during the 30 minutes of each treatment period, with one treatment period corresponding to one dose of drug.

The active doses ranged between 0.1 μ g/mL to 100 μ g/mL. The target intravesical doses were estimated to be 0.1 to 1 μ g/mL (0.2 to 1.5 mg/day). The dosages that were used are shown in Table 2.

Table 2: Dosages of Antimuscarinics

Treatment	Dose 1 (D1) (μ g/mL)	Dose 2 (D2) (μ g/mL)	Dose 3 (D3) (μ g/mL)	Dose 4 (D4) (μ g/mL)	Dose 5 (D5) (μ g/mL)
Vehicle (saline)	Corresponds to an intravesical instillation of acetic acid (0.5 %)				
Oxybutynin hydrochloride (OXB)	0.05	0.1	1	10	100
Trospium chloride (TC)	0.05	0.1	1	10	100
Tolterodine tartrate (TT)	0.05	0.1	1	10	100

As shown in **FIGS. 7A-7C**, the results indicate that administration of oxybutynin, trospium, and tolterodine each produced dose dependent reductions in acetic acid induced increased intravesical pressure. Unexpectedly however, trospium was unique compared to oxybutynin and tolterodine, because it increased the inter-contraction intervals compared to the control. As shown in **FIGS. 7D-7F**, oxybutynin hydrochloride (**FIG. 7D**) and tolterodine tartrate (**FIG. 7F**) had little effect on the intercontraction intervals compared to the control, but trospium chloride (**FIG. 7E**) kept the inter-contraction intervals closer to the baseline measurement. Thus trospium may exhibit greater potential to reduce bladder spasms and involuntary detrusor contractions without suppressing overall bladder function.

The data showed activity over the range of 0.05 to 100 $\mu\text{g/mL}$, assuming an average urine output of 1500 mL / day. Based on this observation, suitable intravesical dosages of trospium may range from about 0.075 mg/day to about 150 mg/day for up to 180 days. The high dose of 150 mg generally would not be intended to last 180 days but could be used for more acute applications.

Example 3: Extended Release of Trospium from Device

An *in vitro* study was done to show zero order release of trospium chloride over an extended period. A silicone tube device housing was used, with each device loaded with an average of about 77 mg of trospium chloride. The silicone tube ID was 1.5 mm. For Group 1 (N=3), the silicone tube wall was 0.2 mm thick, and for Group 2 (N=3), the silicone tube wall was 0.8 mm. The ends of the loaded silicone tube were sealed, with each device having a release orifice located at one end of the tubing. The orifice diameter for all devices was 0.28 mm. The trospium chloride was in the form of tablets, wherein the length of the tablets was approximately 3.8 cm, with the tablets having the formulation of 90% trospium chloride (TrosCl), 5% PVP, and 5% PEG 8k.

Each drug-loaded device was placed in release media, which was 40 mL of aqueous 150 mM acetate buffer with pH 4.5. Over time, the release media was imbibed by the silicone tubing and dissolved the tablets, such that solubilized drug was released through the orifice. The release media was periodically sampled and the amount of trospium in the release media was measured. The study was stopped after 50 days, although the device would have continued to release drug for a longer period if permitted.

The results are shown in Table 3 below. The thicker wall (Group 2) device provided slower release than the thinner wall (Group 1), however both devices provided zero order, continuous release of therapeutically effective amounts of trospium chloride for at least 50 days.

5 **Table 3: Cumulative Trospium Chloride Released**

Cumulative Trospium Chloride Released (mg)				
Elapsed Time (days)	Group 1		Group 2	
	Mean	SD	Mean	SD
1	1.36	0.04	0.53	0.44
2	2.91	0.02	1.86	0.46
3	4.75	0.09	2.75	0.55
6	10.99	0.22	4.81	0.67
8	15.25	0.26	6.13	0.72
10	19.58	0.25	7.46	0.78
13	25.62	0.32	9.68	0.84
16	30.26	0.38	12.83	0.90
22	32.88	0.54	16.16	0.96
36	39.34	0.61	26.09	0.90
50	46.44	0.57	33.98	1.00

Publications cited herein and the materials for which they are cited are specifically incorporated by reference. Modifications and variations of the methods and devices described herein will be obvious to those skilled in the art from the foregoing detailed description. Such modifications and variations are intended to come within the scope of the appended claims.

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I claim:

1. Use of trospium in the manufacture of a medicament for the treatment of bladder dysfunction in a patient, wherein the medicament is to be locally administered into the bladder of a patient to achieve a sustained concentration of trospium in urine in the bladder sufficient to produce a continuous therapeutic concentration of trospium in bladder tissue,
wherein the medicament is to be administered at a mean average amount of from 0.075 mg/day to 150 mg/day of trospium for a treatment period from 1 day to 180 days,
wherein the sustained concentration of trospium in urine in the bladder is from 0.05 µg/ml to 100 µg/ml continuously over the treatment period.
2. The use of claim 1, further comprising at least a second therapeutic agent to be administered to the patient.
3. The use of claim 2, wherein the second therapeutic agent is to be administered intravesically.
4. The use of claim 1, wherein the trospium is in the form of trospium chloride or another pharmaceutically acceptable salt of trospium.
5. A medical device comprising:
a housing configured for intravesical insertion; and
a dosage form comprising trospium or a pharmaceutically acceptable salt of trospium,
wherein the housing holds the dosage form and is configured to release the trospium into the bladder in an amount sufficient to produce a continuous concentration of trospium in urine in the bladder of from 0.05 µg/ml to 100 µg/ml over a treatment period of at least 1 day for the treatment of bladder dysfunction.
6. The device of claim 5, wherein the device is configured to release at a mean average amount of from 0.075 mg/day to 150 mg/day of trospium for a treatment period of from 1 day to 180 days.

7. The device of claim 6, wherein the device is configured to release at a mean average amount of 0.15 mg/day to 15 mg/day of tiroprium.
8. The device of claim 5, wherein the treatment period is from 1 day to 90 days.
9. The device of claim 5, wherein the treatment period is from 1 day to 60 days.
10. The use of claim 1, wherein the sustained concentration of tiroprium in urine in the bladder is from 0.1 µg/ml to 100 µg/ml continuously over the treatment period.
11. The use of claim 1, wherein the sustained concentration of tiroprium in urine in the bladder is from 10 µg/ml to 100 µg/ml continuously over the treatment period.
12. The use of claim 1, wherein the sustained concentration of tiroprium in urine in the bladder is from 1 µg/ml to 10 µg/ml continuously over the treatment period.
13. The use of claim 1, wherein the treatment is for overactive bladder.
14. The use of claim 1, wherein the locally administering into the patient's bladder is at a mean average amount of 0.15 mg/day to 15 mg/day of tiroprium.
15. The use of claim 1, wherein the treatment period is from 1 day to 90 days.
16. The use of claim 1, wherein the treatment period is from 1 day to 60 days.
17. The use of claim 1, wherein the tiroprium is delivered into the bladder from an intravesical drug delivery device which releases tiroprium into the urine in the bladder.
18. The use of claim 17, wherein the intravesical drug delivery device continuously releases tiroprium into the urine in the bladder over the treatment period.
19. The use of claim 17 or 18, wherein the intravesical drug delivery device comprises a housing which contains and controllably releases tiroprium and is elastically deformable between a retention shape configured to retain the device in a patient's

- bladder and a deployment shape for passage of the device through the patient's urethra.
20. The use of claim 19, wherein the trospium contained in the housing is in a non-liquid form.
21. The use of claim 20, wherein the non-liquid form is selected from the group consisting of tablets, granules, semisolids, capsules, and combinations thereof.
22. The device of claim 5, wherein the continuous concentration of trospium in urine in the bladder is from 0.1 $\mu\text{g/ml}$ to 100 $\mu\text{g/ml}$ continuously over the treatment period.
23. The device of claim 5, wherein the continuous concentration of trospium in urine in the bladder is from 10 $\mu\text{g/ml}$ to 100 $\mu\text{g/ml}$ continuously over the treatment period.
24. The device of claim 5, wherein the continuous concentration of trospium in urine in the bladder is from 1 $\mu\text{g/ml}$ to 10 $\mu\text{g/ml}$ continuously over the treatment period.
25. The device of claim 5, wherein the housing is configured to continuously release trospium into the urine in the bladder over the treatment period.
26. The device of claim 5, wherein the device is elastically deformable between a retention shape configured to retain the device in a patient's bladder and a deployment shape for passage of the device through the patient's urethra.
27. The device of claim 5, wherein the trospium contained in the housing is in a non-liquid form.
28. The device of claim 27, wherein the non-liquid form is selected from the group consisting of tablets, granules, semisolids, capsules, and combinations thereof.